



Meadowlark Hills Messenger

Meadowlark Hills Retirement Community

July 23, 2015

San Jose: The Missing Print Found *Purchased for Stamey Gallery*

Submitted by Becky Fitzgerald

John Pence, a frequent visitor at Meadowlark Hills, was in an antique mall in downtown Salina, Kan., last year when he uncovered buried treasure of sorts. A framed aquatint entitled “San Jose” by Ted Hawkins caught his eye, and he was fairly certain he had seen the image somewhere before.

Flipping the artwork over, he found a yellowed and fragile piece of paper lightly attached to the frame’s cardboard

backing, which confirmed what he suspected. The etching was indeed a Friends of Art of Kansas State College “Gift Print” offered to Friends of Art members in 1949. But was the 1949 print one of the missing pieces from the collection at Meadowlark Hills?

“When I was a guest at Bramlage, I would walk along the (Stamey Gallery) hall for exercise and look at all the art,” said Pence, associate director of Housing and Dining at Kansas State University. “I saw that the gallery was missing some of the gift prints.”

Pence said he thought “San Jose” was possibly one of the missing prints, but wasn’t sure. He drove back to Manhattan that Saturday, came to Meadowlark Hills and saw that, yes, the 1949 print by Hawkins was one of seven missing pieces.

“I drove right back to Salina and bought it,” Pence recalled. However, months went by before Pence surprised Rae Stamey with the print on July 9. “I was waiting for a special occasion, and then learned that Rae and Bill were celebrating their 70th wedding anniversary.” The couple were married June 25, 1945.

When Rae at the July 10, Art Committee meeting pulled the print from the gift bag Pence had given her, there were many excited oohs and ahs. The 1949 print is the oldest missing piece, so possibly one of the harder to obtain.

“Now that we’re lacking so few prints, it really is an important addition,” Stamey said. “We’re that much closer to completing the collection.”

K-State’s Beach Museum of Art has the entire collection,



[Above] San Jose by Ted Hawkins.

she added, but Stamey Gallery at Meadowlark Hills is the only place where most all of the prints are on display every day.

In 1934, Friends of Art began the annual practice of inviting a regional artist to prepare an original work with a limited number of signed prints. In addition to helping to finance the purchase of works for K-State’s art collection, the gift prints promote Kansas and regional artists. Each donor to the Friends Fund received that year’s gift print. Except for the World War II years and some years in the 1970s, the tradition has continued to the present.

Meadowlark’s gift print gallery, located in the Community Center’s west corridor between the KSU Classroom and Verna Belle’s, was named for Rae and Bill Stamey because of their donation of several gift prints to Meadowlark Hills after moving to a 3rd floor apartment in 2008. Rae said they attended their first Friends of Art dinner and purchased their first gift print in the early 1950s when Bill was a new faculty member at Kansas State. They continued that tradition for several years.

Do you have a missing print you’d be willing to donate? Here’s a list:

~ 1951, “New England Farm”, lithograph by Thomas Hart Benton
~ 1963, Untitled, linoleum cut by Rex E. Hall

~ 1964, “Sailboats”, screen print by Alex Boyle
~ 1969,

“Cottonwood Grove”, lithograph by William Dickerson
~ 2014, “Jacob Shreiber - Root Cellar, Alma Township”, inkjet on paper by Tom Parish
~ 2015, “Break Time”, etching paper by Dean Mitchell



[Above] Cottonwood Grove & New England Farm.

UPCOMING EVENTS & ANNOUNCEMENTS

Brownbag Series

Bring a lunch and watch a televised class presentation on "Substance Abuse and Seniors: The Boomers are Coming" at 12 p.m. Wednesday, August 5, in the KSU Classroom. Join Myra Hyatt, Licensed Specialist Clinical Social Worker, as she presents on substance abuse and how it is a looming problem for seniors, families and society.

Eyeglass Adjustment

Alex's Affordable Eyewear will be here at 3:30 p.m. Saturday, July 25, in the Community Room. They will adjust eyeglasses for residents at no charge.

Exercise Classes Canceled

All exercise classes will be canceled Friday, July 31, including Parkinson's Exercise Class.

Arts in the Park

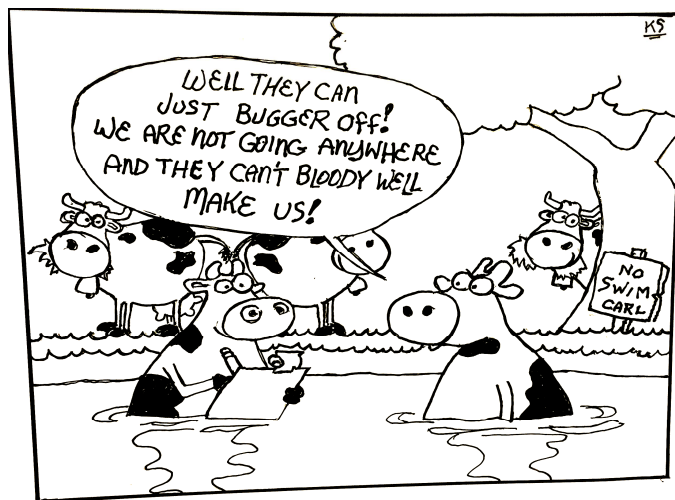
You're invited to celebrate the 40th Anniversary of Arts in the Park with the best Cajun band in the world and kick off the Rhythm and Brews Music Festival! The festival will kick off at 8 p.m. Friday, July 31, at Larry Norvell Band Shell at City Park! Arts in the park will be hosting Beausoleil, as they showcase their Bayou beats!

Transportation is \$3, but admission is free!

Transportation will depart at 7:30 p.m. from the Village Entrance. Please register in the Blue Book located at the Hospitality Desk to attend this event.

Outdoor Encounters

Submitted by Sue Hunt



Saturday, July 18, although the new gazebo has not started, preventing the cart path from being repaired, a KSU herd (twelve cows and calves) managed to make their way to our pond. Perhaps they have heard of all the lovely wild flowers there.

On my walk down, I spotted an abundance of black-eyed Susan's, dainty white fleabane, purple spike wooly verbena, clasping coneflowers and spiny nightshade. The black pods of wild blue indigo and the compass plant with its north and south leaves.

I also spotted a cloudy sulfur and painted lady butterfly flying around the pond that was undisturbed by bathing of the cow herd.



Lunch Specials July 26 – August 1

Hours: Monday–Friday, 8 a.m. to 5 p.m.
Saturday–Sunday, 9 a.m. to 3 pm.

Sunday, July 26– Beef Stroganoff Casserole with Soup or Chips	\$5.50
Monday, July 27– Chicken Pesto Panini with Soup or Chips	\$3.75/\$5.50
Tuesday, July 28– Turkey Cranberry Panini with Soup or Chips	\$3.75/\$5.50
Wednesday, July 29– Quesadilla Day!	
Cheese- \$3 Chicken- \$4 Steak- \$5	
Thursday, July 30– Tuna Melt with Soup or Chips	\$3.75/\$5.50
Friday, July 31– French Onion Burger with Melon Salad	\$5.50
Saturday, August 1– BLT with Soup or Chips	\$3.75/\$5.50

UPCOMING EVENTS & ANNOUNCEMENTS

Joke of the Week

"Gosh, its raining cats and dogs," said Fred looking out of the kitchen window.

"I know," replied his mother. "I've just stepped in a poodle!"

Great Overland Station

Thursday, July 30, we will be traveling to Topeka, Kansas to visit the Great Overland Station All Veterans Memorial and Kansas Hall of Fame Center. The history of these areas has national significance which will resonate with people from across the nation.

There are exciting and important stories to be told—the birth and growth of the Santa Fe Railway, Union Pacific's race to create the first transcontinental railroad, the role of railroads in developing and settling the American West, social heritage of African-Americans, Hispanics and European immigrants who worked for the railroads and built our communities, the troop trains of World Wars I and II, memories of the "glory days of steam" and the elegance of the railroad depots.

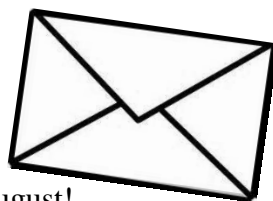
After visiting the museum, the group will enjoy the great food of the Blind Tiger Restaurant. Transportation will depart from the Village Entrance at 8:40 a.m. The sign-up sheet is available in the Blue Book at the Hospitality Desk.

Messenger Ladies Lead/Chair

Looking for a resident who would like to lead/chair the clerical committee. The committee folds the Messengers every Thursday morning. The chairperson organizes the messengers into the sections to be delivered to the different areas on campus. For any questions please contact Sarah Duggan at 323-3860.

Card Making with Michelle

Join Michelle Lehmer at 2 p.m. Tuesday, July 28, in the West Conference Room to create greeting cards for the month of August!



The Movies You Didn't See: The Who, What and Why of Censorship

This Osher class examines films and compares censored and uncensored scenes from movies, re-evaluates films that were acceptable in their day but now are considered politically incorrect and debates what should be banned and who would make such decisions.

Eric Monder, a writer, teacher and documentary filmmaker who is on staff at Bethany College, will teach the last class from 6:30 to 8:30 p.m. Thursday, July 28, at the Marianna Kistler Beach Museum of Art.

Prior registration is necessary to attend this event. Please sign up in the Blue Book located at the Hospitality Desk to attend this course.



Do Right Daddies

Back by popular demand, you're invited to see some of Meadowlark Hills' own perform. The "Do Right Daddies," also known as Dave and Karl Zerfas, will be performing at 7 p.m. Friday, July 24, in the Community Room.

Prairie Star Restaurant Renovations

The Prairie Star Restaurant is getting renovated! This fall we will be renovating the restaurant with all new flooring, chairs and more! The wood flooring, chair material and wall colors have been chosen by our renovation team and we are ready to show them off to residents and guests!

Stop by Prairie Star to take a look at the design plan. Updates on the renovation will be published in the Messenger as we move forward with this project. Any questions about the renovation or design plan can be directed to Jayme Minton, Support Services Director, in her office or at 323-3835.

Freezer For Sale!

Mary Schroeder is selling her small GE freezer. It is small enough to fit in a closet! For more details or questions please contact Mary at 539-7710.

UPCOMING EVENTS & ANNOUNCEMENTS

Laughter is the Best Medicine

We have had a good time laughing through July! Our last laugh in will be at 2:30 p.m. Saturday, July 25, in the Living Room. Come, join in and be energized for the months ahead!

August Focus Group

The Focus Group scheduled for August will once again spotlight a staff member. Attendees will have the opportunity to learn more about the employee, both on a personal and professional level. Every day, staff is doing great things at Meadowlark Hills and this time will be used to hear more and ask questions.

The Staff attendee for the August Focus Group will be Sarah Duggan, Community Relations Director. Come meet her at 10 a.m. Thursday, August 5, in the KSU Classroom.

Acrylic Watercolor Painting for Fun

The Acrylic/Watercolor Painting for Fun group will meet at 9:30 a.m. Saturday, July 25, in the KSU Classroom. Don't forget to bring paint supplies and be ready to paint away! A canvas will be provided. Hope to see you all there!

David's Farewell Party

David Kahler, IT Intern, will be leaving for a new venture in life. Stop by from 11 a.m. to 2 p.m. Thursday, July 30, in the Community Room to wish him well!



Love & Kisses

Dear Meadowlark Hills, love is in the air! Cynthia Harris will be presenting a program titled "Love & Kisses," where she will be sharing letters that were saved by Meadowlark Hills' very own, Bea Campbell, that her husband wrote to her during WWII at 7 p.m. Friday, July 31, in the Community Room.



Cynthia, along with two other ladies, compiled the letters and has turned it into a book! As part of the presentation, Cynthia will bring display door prizes, which will be handed out at the end of the program.

Cynthia encourages all to be on time as she will do an interactive sing-along at the beginning of the presentation. Copies of the words to the songs will be provided for all. See you all there!

Vespers Services

The Vespers service, led by Chaplin Ted Parks, will begin at 7 p.m. Sunday, July 26, in the Community Room. All are welcome.

MLH Singers Practice

Michael Oldfather, Music Director of the Meadowlark Hill Singers, would like to remind the singers that practice will start back up at 3 p.m. Monday, August 17, in the Community Room.

Speedy PD Art Classes

Individuals with Parkinson's are invited to attend art classes to make the age-group awards for the 7th Annual Speedy PD Race for Parkinson's.

Kathrine Schlageck, Senior Educator with the Marianna Kistler Beach Museum of Art, will lead the classes and provide the materials and inspiration for each event. No prior art experience is needed to attend these art classes.

The following are dates for the Speedy PD Art Classes from 1 to 2:30 p.m. in the West Conference Room.

- Wednesday, July 29
- Wednesday, August 5

DRINK SPECIALS



July 27 to August 1
Dark N' Stormy

3.5 oz Ginger Beer
2 oz Dark Rum
Dash of Bitters

\$3.75

ASK SARAH

Fuhgeddaboutit – From the Big Apple to the Little Apple *Submitted by Sarah Duggan*

Hey! from the Big Apple – the Duggans have found themselves in Brooklyn, New York where we are spending precious time with Murphy's Pop and Grandma. We've visited Coney Island, the American Museum of Natural History, Times Square and the Central Park Zoo. I have visited NYC a couple of times, once before I met my husband and twice since, and still cannot wrap my mind around how big the city *really* is. I could get to Kansas City from Manhattan, Kansas in the time it takes to grab a cab in Brooklyn to the train station, ride the train into the city then walk to my destination at times. Mind boggling for a born-and-raised-small-town-Kansas girl.



[Above] Sarah with family: Murphy, Emma, Edward & Parker at Coney Island.

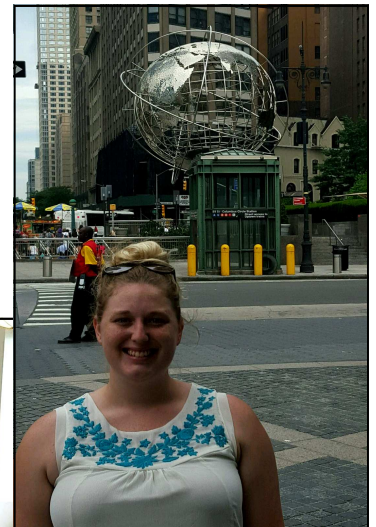
When meeting new family and friends in New York City, people often get a kick out of the fact that we live in Manhattan, *Kansas* and find it even more entertaining that our Manhattan is lovingly referred to as the Little Apple. Then I wonder, *how did Manhattan come to be known as the Little Apple?*

It all began with a steamboat, the Hartford. The Cincinnati and Kansas Land Company left Cincinnati and headed for central Kansas on the steamboat on April 27, 1855. Their plan was to head west along the Ohio, Mississippi, Missouri and Kansas rivers. This led to the founding a new community in the Kansas Territory.

The Hartford was grounded by sandbars near our present-day Manhattan where a new town called Boston was beginning. The founders of Boston liked the new arrivals and convinced them to stay. Investors from New York in the land company pushed for an unoriginal name – Manhattan – to call the new community. The town was then re-named Manhattan.

Since Manhattan, New York is known as “The Big Apple,” it was natural for Manhattan, Kansas to become known as “The Little Apple.” Our Manhattan was first called The Little Apple as far back as 1977.

Thanks for stopping by – see you next week!



[Above] Sarah at Columbus Circle.



[Above] Sarah with siblings Parker & Emma at the American Museum of Natural History.

PRAIRIE★STAR

RESTAURANT

July 26 – August 1

Includes beverage, starter and dessert.

Hours: Sunday, 10:30 a.m. to 7 p.m.

Monday—Saturday, 10:30 to 8 p.m.

SUNDAY	July 26 ~ Lunch \$12	Dinner \$11
	Fried Chicken Mashed Potatoes & Gravy Vegetable of the Day	Stuffed Peppers & Marinara Garlic Toast Vegetable of the Day
MONDAY	July 27 ~ Lunch \$10	Dinner \$12
	Beer Steamed Brats with Sauerkraut Potato Salad Choice of Vegetable	White Lasagna Garlic Toast Vegetable of the Day
TUESDAY	July 28 ~ Lunch \$7	Dinner \$12
	Taco Bar (does not include drink, starter or dessert)	Grilled Ham with Brown Sugar Glaze Scalloped Potatoes Vegetable of the Day
WED.	July 29 ~ Lunch \$10	Dinner \$13
	Grilled Chicken Sandwich on Telera Roll French Fries Choice of Vegetable	Caesar Orange Roughy on a bed of Caesar Salad Chardonnay Vinaigrette Marinated Asparagus
THURSDAY	July 30 ~ Lunch \$7	Dinner \$13
	Hamburger/Hotdog Bar (does not include drink, starter or dessert)	Pork Piccata Soft Polenta Vegetable of the Day
FRIDAY	July 31 ~ Lunch \$10	Dinner \$12
	Seafood Pasta Salad with Orzo Garlic Toast Choice of Vegetable	Meatloaf Mashed Potatoes Vegetable of the Day
SATURDAY	Aug 1 ~ Lunch \$10	Dinner \$14
	Philly Cheesesteak French Fries Choice of Vegetable	Steak Night Twice Baked Potato Vegetable of the Day

Grosh Cinema Movies

Sunday, July 26 - Saturday , August 1

Show Times: 1, 4 and 7 p.m., Monday – Saturday
2 and 6 p.m., Sunday

Sunday, July 26 – Crazy Kind of Love (2013)

A broken family finds their relationships to one another changed by a new arrival in the household.

Co-Starring: Virginia Madsen, Graham Rogers & Amanda Crew

Rated R for sexuality, language & brief drug use; 1 hr. 40 min.

Monday, July 27 – The Candidate (1972)

Bill McKay is a candidate for the U.S. Senate from California. He has no hope of winning, so he is willing to tweak the establishment.

Co-Starring: Robert Redford Peter Boyle & Melvyn Douglas

Rated PG; 1 hr. 50 min.

Tuesday, July 28 – Walk the Line (2005)

A chronicle of country music legend Johnny Cash's life. From his early days on an Arkansas cotton farm to his rise to fame with Sun Records in Memphis, where he recorded alongside Elvis Presley, Jerry Lee Lewis and Carl Perkins.

Co-Starring: Joaquin Phoenix, Reese Witherspoon & Ginnifer Goodwin

Rated PG-13; 2 hrs. 16 min.

Wednesday, July 29 – Stand Up Guys (2012)

A pair of aging stickup men try to get the old gang back together for one last hurrah before one of the guys takes his last assignment—to kill his comrade,

Co-Starring: Al Pacino, Christopher Walken & Alan Arkin

Rated R for language, sexual content, violence & brief drug use; 1 hr. 35 min.

Thursday, July 30 – On an Island with You (1948)

While shooting on location in the South Pacific, a movie star is pursued by a handsome Naval officer who is convinced she is the girl for him.

Co-Starring: Esther Williams, Peter Lawford & Ricardo Montalban

Not Rated; 1 hr. 47 min.

Friday, July 31 – A Walk Among the Tombstones (2014)

Private investigator Matthew Scudder is hired by a drug kingpin to find out who kidnapped and murdered his wife.

Co-Starring: Liam Neeson, Dan Stevens, David Harbour

Rated R for strong violence, language & sexual content; 1 hr. 54 min.

Saturday, August 1 – And So it Goes (2014)

A self-absorbed realtor enlists the help of his neighbor when he's suddenly left in charge of the granddaughter he never knew existed until his estranged son drops her off at his home.

Co-Starring: Michael Douglas, Diane Keaton & Sterling Jerins

Rated PG-13; 1 hr. 33 min.

This Week's Opportunities July 19 - July 25

SUNDAY • JULY 26

Breakfast at Verna Belle's—Omelets with Fruit

10:00 a.m. ~ Church Service, CR
2:00 p.m. ~ Ride Around Campus, VE
7:00 p.m. ~ Vespers, Chaplin Ted Parks, CR

MONDAY • JULY 27

Trash pick-up day

Breakfast at Verna Belle's—Biscuits & Sausage Gravy
Dental Hygiene Clinic (By Appointment Only), Miller Spa

8:30 a.m. ~ Dental Hygiene Clinic, KR
9:30 a.m. ~ Ride Around Campus, VE
9:30 a.m. ~ Seated Strength, CR
10:20 a.m. ~ Weights 101, CR
11:00 a.m. ~ Sit & Be Fit, CR
12:00 p.m. ~ Beginner Tai Chi, CR
12:00 p.m. ~ 1st Pres. Men's Luncheon, MR
1:00 p.m. ~ Blood Pressure Clinic, GR
1:15 p.m. ~ Parkinson's Exercise Class, CR
1:30 p.m. ~ Ladies Pool Table Time, BP
2:00 p.m. ~ Ride Around Campus, VE
2:15 p.m. ~ Parkinson's Voice Class, KSU CR
5:30 p.m. ~ Eastside Supper, MR
7:00 p.m. ~ Community Bingo, CR

TUESDAY • JULY 28

Breakfast at Verna Belle's—Breakfast Sandwich with Fruit

9:30 a.m. ~ Ride Around Campus, VE
10:30 a.m. ~ Steady Yourself, CR
11:15 a.m. ~ Chair Yoga, CR
12:00 p.m. ~ Seven Dolors Book Discussion, LR
1:00 p.m. ~ Tai Chi, CR
2:00 p.m. ~ Ride Around Campus, VE
2:00 p.m. ~ Card Making with Michelle, CON
3:00 p.m. ~ Coffee Corner, CR
4:00 p.m. ~ Newspaper & Bible, LR
5:30 p.m. ~ 3rd Floor Supper, CR
6:00 p.m. ~ Bus Departs to Osher Class (The Movies You Didn't See: The Who, What, and Why of Censorship), VE

WEDNESDAY • JULY 29

Breakfast at Verna Belle's—Breakfast Burrito with Fruit

9:30 a.m. ~ Ride Around Campus, VE
9:00 a.m. ~ New Perspectives, MR
9:30 a.m. ~ Seated Strength, CR
10:00 a.m. ~ Church Service, KSU CR
10:20 a.m. ~ Weights 101, CR

11:00 a.m. ~ Sit and Be Fit, CR
12:00 p.m. ~ Beginner Tai Chi, CR
1:00 p.m. ~ Parkinson's Art Class, CON
1 to 2 p.m. ~ Fitness Center Office Hour, FC
1:30 p.m. ~ Diabetic Support Group, KSU CR
1:30 p.m. ~ Pitch, GR
2:00 p.m. ~ Ride Around Campus, VE
3:00 p.m. ~ Call Hall Ice Cream, KR

THURSDAY • JULY 30

Breakfast at Verna Belle's—Biscuits & Sausage Gravy

8:40 p.m. ~ Bus Departs to Great Overland Station Trip, VE
9:00 a.m. ~ Ride Around Campus, VE
9:00 a.m. ~ Messenger Ladies, CON
10:00 a.m. ~ Meadowlark Bible Study, LR
10:30 a.m. ~ Steady Yourself, CR
11:00 a.m. ~ David Kahler's Farwell Party, KSU CR
11:15 a.m. ~ Chair Yoga, CR
1:00 p.m. ~ Blood Pressure Clinic, GR
2:00 p.m. ~ Ride Around Campus, VE
3:30 p.m. ~ Dementia Caregiver Support Group, KSU CR
7:00 p.m. ~ IL Bingo, CR

FRIDAY • JULY 31

Breakfast at Verna Belle's—Waffle or Pancake

9:00 a.m. ~ Ride Around Campus, VE
1:00 p.m. ~ Hand & Foot Card Games, GR
1:30 p.m. ~ Brain Booster, GR
2:00 p.m. ~ Ride Around Campus, VE
7:00 p.m. ~ Love & Kisses, CR
7:30 p.m. ~ Bus Departs for Arts in the Park (Rhythm & Brews Music Festival), VE

SATURDAY • AUGUST 1

Breakfast at Verna Belle's—Omelets with Fruit

9:30 a.m. ~ Painting for Fun, KSU CR
2:00 p.m. ~ Ride Around Campus, VE

ROOM ABBREVIATIONS

BP, Billiards Parlor	LB, Library
CR, Community Room	LR, Living Room
CON, Conference Room	MR, Manhattan Room
FC, Fitness Center	MCR, Miller Craft Room
GR, Game Room	PS, Prairie Star Restaurant
GC, Grosh Cinema	TR, Tranquility Room
KR, Kansas Room (Pub)	VE, Village Entrance
KSU CR, KSU Classroom	WS, Woodshop