



Meadowlark Hills Messenger

Meadowlark Hills Retirement Community

May 14, 2015

Meadowlark Hills Turns 35!

Submitted by Becky Fitzgerald

Kermit the frog said it's not easy being green, but Meadowlarkians aren't likely to share his opinion during the first week of June. An emerald anniversary celebration is planned Monday, June 1, through Friday, June 5, to mark the 35 years that have passed since Meadowlark Hills Retirement Community was formerly dedicated on June 8, 1980. Residents and staff will be seen wearing green "Celebrating 35 Years" shirts, and several are already drinking from green tumblers now available at Verna Belle's Cafe for \$5.

The celebration includes a variety of activities and programs designed to appeal to not only residents and employees but also Manhattan and area community members who are interested in knowing more about Meadowlark Hills. So much is scheduled that the invitations residents received last week are in the form of an eight-page booklet!

"Emerald Editions" of regularly occurring events, such as Community Bingo, Coffee Corner and the



weekly ice cream social are planned as well as several special events. For example, former CEO Steve Shields will serve as a guest bartender on Monday, June 1, at Kansas Room Pub, and a Bayer Pond dedication ceremony is set for Wednesday, June 3 at the pond, weather permitting. In addition, campus tours will be offered four afternoons; presentations about Meadowlark Hills homes and the services our community offers also are planned.

If that's not enough to get you in the emerald party mood, movies from the 1980s will be shown at Grosh Cinema from Sunday, May 31, through Saturday, June 6, and three green cocktails will be available at Kansas Room Pub. Try the 35 Special or Green Star any afternoon and events that week, and/or sip Emerald Party Punch during Summerfest.

Our annual block party, Summerfest, is scheduled for 5:30 to 9 p.m. Friday, June 5. This yearly FREE event features a cook-out, live band, games for children and the young at heart as well as a beer garden.

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View From the Bottom

Some observations from Big Carl Excerpted from an Interview

Submitted by Nathan Bolls



I gotta tell ya', life is a drag. Guess I should be more "fishspific": I'm tired of being dragged around. Besides, my mouth is sore. It happened just the other day, and not for the first time. I was doing my catfish thing: moving along the bottom of my ponds with my two-chambered heart in cruise control mode, pumping water past my gill filaments, and passing a rather frequent quantity of dilute urine thing is what freshwater organisms do; remember that little tidbit the next time you hanker for a swim in some natural water. Might turn out to be more natural than you figured.

Anyway, I was crusin', and not particularly hungry, when a big juicy worm plopped down in front of me. I that baby went, because rule number one on the list of ichthyological culinary taboos is "never pass up dessert." Man, did that worm get mad! It jabbed what I took to be its lower jaw through the side of my mouth and tired to pull me toward the bank. For my kind I'm pretty big and muscular dude, but I began to tire faster than that worm. Wonder if that slimy lead pencil would give me the number of the rock its trainer hides behind?

Continued, page 3



UPCOMING EVENTS & ANNOUNCEMENTS

Penny's Going Away Party

Please join us for Penny Garber's Farewell Party and send her off with best wishes Thursday, May 14, at 2 p.m. in the Community Room. Cake, light snacks and drinks will be served. All are welcome to attend!

Outdoor Encounters—Quail & Wild Blue Indigo

Watch for covey of approximately one dozen quail routinely eating corn from the feeder and taking cover near the west end of the dam.

When the sun comes out to firm up the trail—take a short walk on the quarry trail. The field is full of wild blue indigo in full bloom. This is a site not to be missed this spring.

Tommy Lee Performance

Come one, come all!
Saxophonist Tommy Lee will be entertaining us with his soulful tunes at 7 p.m. Friday, May 22, in the Community Room.



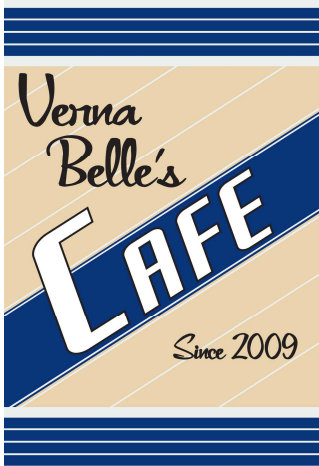
Meadowlark Hills Turns 35, from page 1

Our annual block party, Summerfest, is scheduled from 5:30 to 9 p.m. Friday, June 5. This yearly FREE event features a cook-out, live band, games for children and the young at heart as well as a beer garden. All residents, staff, families, Passport members and board members are welcome to attend. Summerfest is Meadowlark Hills' annual kickoff to summer, so what better way to end a five-day anniversary extravaganza?

For more information, please see the invitation, the Opportunities Calendar in the May 28 Meadowlark Hills Messenger, or contact Sarah Duggan at (785) 323-3860.

Trip to the Flint Hills Discovery Center

A trip to the Flint Hills Discovery Center is scheduled for Thursday, May 21. The Flint Hills Discovery Center explores the geology, biology and cultural history of the Flint Hills—the last remaining tallgrass prairie in North America. The bus will depart from the Village Entrance at 10:15 a.m. A sign-up sheet is available in the Blue Book at the Hospitality Desk for everyone that is interested in attending. Cost of the trip is \$10 per person, which covers the cost of transportation and admittance to the Discovery Center. If you have questions, please contact Monte Spiller at 323-3801.



Lunch Specials May 17– May 23

Sunday, May 17–	Ham and Cheese Casserole with Soup or Chips	\$5.50
Monday, May 18–	Caprese Grilled Cheese with Soup or Chips	\$3.75/\$5.50
Tuesday, May 19–	Garlic Chicken Pizza	\$3.75/\$5.50
Wednesday, May 20–	Patty Melt with Cottage Cheese and Fruit	\$3.75/\$5.50
Thursday, May 21–	Grilled Ham and Cheese with Tomato Soup	\$3.75/\$5.50
Friday, May 22–	Grilled Chicken Sandwich with Pasta Salad	\$5.50
Saturday, May 23–	Egg Salad with Soup or Chips	\$3.75/\$5.50

UPCOMING EVENTS & ANNOUNCEMENTS

MH² Challenge Update

Submitted by Jeff Heidbreder

Next week will be the last week of our challenge, so it will also be the last week to earn your team some points! Continue tracking all activity on your Week Seven sheets and turn them in to the Hospitality Desk, Human Resources office, or Caul Fitness Center by 5 p.m. Tuesday, May 19. The challenge post-party will be from 3 to 4 p.m. Wednesday, May 27, in the Community Room. Plan to join us for snacks, awarding of prizes, random drawings and a celebration of all the physical activity you accomplished. Congratulations to Jo Horton for winning the Week Five Healthy Eating Challenge drawing. Jo won a \$25 gift certificate to the Prairie Star Restaurant.

Next week's events include the Group Walks and a Nutrition Seminar. The Group Walks will be at 1 p.m. Monday, May 18, and Wednesday, May 20. We will meet at the Village Entrance to start. The Nutrition Seminar will be at 2 p.m. Wednesday, May 20, in the KSU Classroom. Quiz Questions will be posted in the Game Room Monday, May 18. Please place completed slips in the drop box located at the Hospitality Desk by Friday, May 22.

Last Week's Quiz Answers:

1.) Adults should consume MORE than 2,500 mg of sodium each day?

Answer is false. The 2010 Dietary Guidelines for Americans recommend that people age two and up reduce sodium intake to 2,300 milligrams per day. Those 51 and older, and those of any age who are African American, have high blood pressure, diabetes, or chronic kidney disease should further reduce their intake to 1,500 mg per day. Eating too much sodium puts you at risk of developing serious medical conditions, like high blood pressure, heart disease and stroke.

2.) Nuts are a source of protein?

Answer is true. Nuts are a great way to add protein and healthy fat into your diet. They can be eaten whole as a snack, added to many dishes and salads, and nut butters can be used in sandwiches, smoothies and dips. Just be careful with how many you eat as snacks, because the calories can add up quickly!



View from the Bottom, from page 1

That worm was beginning to have its way with me. Ever been had by a worm?

During a brief conversation, the other day with a grass carp, it mentioned that humans really are into new weapons of war. If those two-legged scoundrels are tied in with this worm thing, that's goin' too far. Can't they just be satisfied with nuclear submarines? However, that carp is one of those scaly sorts of fishes, and catfish usually don't put much stock in what they say. In spite of our looks, we smooth-skinned ones are among the most modern of fishes, and derisively refer to scales as "fish dandruff." Yes, we catfish types, albeit with an indeterminate rhythm, often enunciate such terms.

That worm just kept pullin', and after a few more minutes my lactic acid buildup made me unable to resist. I was dragged into the funniest looking cavity I had ever seen; reminded me of a black spider web with flimsy walls full of really big holes.

Once inside the cavity, that worm jerked itself out of my mouth and left. Then I got picked up and squeezed by two definitely "unfin-like" contraptions. Although my ability to pick up vibrations in water is much better than in air, I did not make out a couple of things. Do I have a name? Is there a trophy and a "price of pride" on my head? Does that mean more worm fights? I need a manager.

Anthropology Premiere

Dr. Michael Wesch and anthropology students will be hosting their Premiere Night Presentation of the project they have created for the semester of living at Meadowlark Hills among our residents. Join them from 7 to 9 p.m. May 20, in the Community Room.

Memorial Day Geraniums

Germaniums will be on sale Monday, May 18, in honor of loved ones or veterans that have passed away. If you would like to purchase a geranium, they will be on display in the lobby by the Village Entrance. A flower pick will be placed inside the geranium pot with the name of the loved one on it for that week. After the week is over, you will be able to take your geranium home. The cost of the geranium is \$10.



UPCOMING EVENTS & ANNOUNCEMENTS

A poster for the R&R Jazz Combo. It features a blue background with white musical notes (treble clef, bass clef, sharp sign, and a double bar line) and a white silhouette of a trumpet. The text is in white and black.

**R&R Jazz
Combo**
7 p.m.
Friday, May 15
Community Room

Brownbag Series

Bring a lunch and watch a televised class presentation on "Grief, Loss and Bereavement" Thursday, May 14, at 3 p.m. in the KSU Classroom. Ann Inhoffe, SMMC, will be discussing the risk factors, symptoms and interventions for complicated grief by identifying emotional, spiritual and physical effects and ways to assist bereaved.

Foot Clinic Canceled

Dr. Tran's foot clinic session will be canceled Wednesday, May 27.

Dissertation Study—Needing Participants

Help needed in learning more about humans and pets! Participate in a dissertation study (requires at least 10 minutes of your time) that will explore and quantify specific facets in a pet relationship. Participants with and without pets are needed. To access the study online go to https://kstate.qualtrics.com/jfe/form/SV_eS5n5cUe40GfxUp or you can fill out a hard copy survey located at the Hospitality Desk. For any questions please contact, Erica Larson, at (785) 313-0993 or via email edd6666@ksu.edu.

Vespers Services

The Vespers service, led by St. Thomas More, will begin at 7 p.m. Sunday, May 10, in the Community Room. All are welcome.

DRINK SPECIAL



May 17 to May 23

Yellow Bird

1 oz Dark Rum
1 oz Galliano
1.25 oz Orange Juice
1/2 Lime Juice

\$3.75

Bible & Science

This Osher class will examine selected biblical texts which have caused mischief among believers and non-believers alike. This course will look at passages and creation stories in Genesis, the story of Noah and the flood, the narrative of the Exodus from Egypt, the accounts of Jesus' miracles and a number of other biblical wonder tales.

The next class will be from 2 to 4 p.m. Wednesday, May 20, at the Manhattan Arts Center. Prior registration is required to attend this class. Sign up in the Blue Book located at the Hospitality Desk for transportation. Transportation will depart from the Village Entrance at 1:30 p.m.

Lutheran Communion Service

St. Luke's Lutheran Church will be hosting a Communion Service at 2:30 p.m. Wednesday, May 20, in the Living Room. The service is open to all who have been baptized and are able to receive communion. If you have not been baptized and are wanting to be, the pastor will gladly set up an opportunity for you to partake in baptism.

Joke of the Week

Employment application blanks
always ask who is to be called in
case of an emergency.
I think you should write, 'an
ambulance.'

UPCOMING EVENTS & ANNOUNCEMENTS

Eyeglass Adjustment

Alex's Affordable Eyewear will be here at 3:30 p.m. Saturday, May 23, in the Community Room. They will adjust eyeglasses for residents at no charge.



Parkinson's Webinar

You are invited to join the Parkinson's Program of Manhattan at Meadowlark Hills for a live webinar from the Michael J. Fox Foundation titled: "What's the Alternative? What to Know about Complementary Medicine for Parkinson's" at 11 a.m. Thursday, May 21, in the KSU Classroom.

During the webinar, panelists will address issues of complementary and alternative medicine approaches for Parkinson's disease. Treatment options that will be discussed include: acupuncture, herbs, vitamins and diet and other options. All are welcome to attend!

Speedy PD Art Classes

Individuals with Parkinson's disease are invited to attend art classes to make the age-group awards for the 7th Annual Speedy PD Race for Parkinson's. Kathrine Schlageck, Senior Educator with the Marianna Kistler Beach Museum of Art, will lead the classes and provide the materials and inspiration for each event. No prior art experience is needed, just an open mind and a willingness to have fun and help the Speedy PD continue the tradition of providing the most unique and personalized awards in the region.

The following are dates for the Speedy PD Art Classes from 1 to 2:30 p.m. in the KSU Classroom:

- Wednesday, May 27
- Wednesday, June 10
- Wednesday, June 17
- Wednesday, July 8
- Wednesday, July 29
- Wednesday, August 5

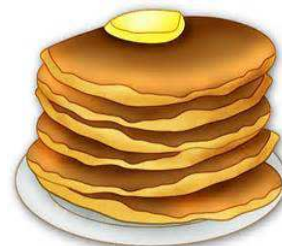


Memorial Service for Mary Roberts

Memorial Service for Mary Roberts will be at 2:30 p.m. Monday, May 18, in the Community Room. All are welcome to attend.

Flapjack Fundraiser

Julia Chestnut, Meadowlark Hills Home Health companion, has been given the chance to study crocodiles with Australian Geographic on the Steve Irwin Wildlife Reserve! To help with this trip, Applebee's will be hosting a Flapjack Fundraiser from 8 to 10 a.m. Saturday, May 30. The cost is \$7 per person at the door or you can directly email Julia Chestnut at chestnutjulia@gmail.com for tickets today! Let's send Julia to Australia!



Room Changes

There will be two room changes from the Community Room to the Living Room Monday, May 18. Parkinson's Exercise class will meet in the Living Room at 1:15 p.m. The MLH Singers Practice will meet 2:45 p.m. in the Living Room.

Meadowlark Hills Travelers

The Meadowlark Hills Travelers are set to embark to the Land of Lincoln and the Mighty Mississippi trip from August 23 through August 28. The cost of the trip (including bus transportation) is \$1,533.80 for a single and \$1,266.80 for a double. If you would like to sign up for this trip, pick up a registration form from the Hospitality Desk. Completed registration forms are due to Resident Service Leader, Monte Spiller, by Friday, June 5.

For residents who register for the trip, a 25 percent non-refundable deposit will be charged to your Meadowlark Hills finance statement for June. The remaining balance will be charged to your Meadowlark Hills finance statement for July.

Passport members, family members, board members and community members may request a registration form by contacting Monte at (785) 323-3801, or picking up a non-resident registration form at the Hospitality Desk. All non-residents are responsible for the 25 percent non-refundable deposit to the Meadowlark Hills Finance Office. The first payment will be due Friday, June 5, and the remaining balance will be due Friday, June 19. Questions regarding payments can be directed to Nick Lundeen at (785) 323-3819.

PRAIRIE STAR

RESTAURANT

May 17– May 23

Includes beverage, starter and dessert.

Hours: Sunday, 10:30 a.m. to 7 p.m.

Monday—Saturday, 10:30 to 8 p.m.

SUNDAY	May 17 ~ Lunch \$13	Dinner \$13
	Chicken Fried Steak Mashed Potatoes & Gravy Corn O'Brien	Coconut Shrimp Rice Pilaf Vegetable of the Day
MONDAY	May 18 ~ Lunch \$10	Dinner \$14
	Hot Ham & Cheese Potato Salad Choice of Vegetable	Chicken Marsala Yukon Gold Garlic Mashed Potatoes Vegetable of the Day
TUESDAY	May 19 ~ Lunch \$6	Dinner \$14
	Taco Bar (does not include drink, starter or dessert)	Baked Salmon with Shiitake Red Wine Sauce Wild Rice Vegetable of the Day
WED.	May 20 ~ Lunch \$10	Dinner \$14
	BBQ Pulled Pork Sandwich Coleslaw Choice of Vegetable	Grilled Marinated Chicken in Herb Vinaigrette Roasted Red Pepper Risotto Vegetable of the Day
THURSDAY	May 21 ~ Lunch \$7	Dinner \$14
	Potato Bar (does not include drink, starter or dessert)	Roasted Pork Tenderloin with Choron Sauce Duchess Potatoes Vegetable of the Day
FRIDAY	May 22 ~ Lunch \$10	Dinner \$13
	Open Faced Roast Beef Mashed Potatoes Choice of Vegetable	Salisbury Steak Mashed Potatoes Vegetable of the Day
SATURDAY	May 23 ~ Lunch \$10	Dinner \$15
	B.L.A.T. Sweet Potato Fries Choice of Vegetable	Steak Night Baked Potato Vegetable of the Day

*You may substitute an extra vegetable for the starch on any special for no additional charge.

Grosh Cinema Movies

Sunday, May 17 - Saturday, May 23

**Show Times: 1, 4 and 7 p.m., Monday – Saturday
2 and 6 p.m., Sunday**

Sunday, May 17 – Patch Adams (1998)

In the 1970s, a medical student treats patients, illegally, using humor.

Co-Starring: Robin Williams, Daniel London & Monica Potter

Rated PG-13; 1 hr. 55 min.

Monday, May 18 – One Fine Day (1996)

Jack and Melanie are two busy professionals who are trying to cope with the trials of single parenthood. When a school day-trip falls through, he and Melanie, who barely know each other, take turns caring for their kids. Mishap follows mishap, as Jack and Melanie get to know one another.

Co-Starring: Michelle Pfeiffer, George Clooney & Mae Whitman

Rated PG; 1 hr. 48 min.

Tuesday, May 19 – Get Low (2009)

A movie spun out of equal parts folk tale, fable and real-life legend about the mysterious, 1930s Tennessee hermit who famously threw his own rollicking funeral party... while he was still alive.

Co-Starring: Robert Duvall, Bill Murray & Sissy Spacek

Rated PG-13; 1 hr. 43 min.

Wednesday, May 20 – A River Runs Through It (1992)

Two fly-fishing sons of a Presbyterian minister--one reserved, one rebellious--grow up in rural Montana.

Co-Starring: Craig Sheffer, Brad Pitt & Tom Skerritt

Rated PG; 2 hrs. 3 min.

Thursday, May 21 – Only the Lonely (1991)

A Chicago cop must balance loyalty to his overbearing mother and a relationship with a shy funeral home worker.

Co-Starring: John Candy, Maureen O'Hara & Ally Sheedy

Rated PG-13; 1 hr. 44 min.

Friday, May 22 – Dolphin Tale 2 (2014)

The team of people who saved Winter's life reassemble in the wake of her surrogate mother's passing in order to find her a companion so she can remain at the Clearwater Marine Hospital.

Co-Starring: Morgan Freeman, Ashley Judd & Nathan Gamble

Rated PG; 1 hr. 47 min.

Saturday, May 23 – The Little Rascals Save the Day (2014)

When every attempt at traditional fundraising fails, the gang enters a local talent show in order to win the cash that will save their beloved grandma's bakery. Meanwhile, Alfalfa could really use some singing lessons.

Co-Starring: Doris Roberts, Greg Germann & Lex Medlin

Rated PG; 1 hr. 33 min.

This Week's Opportunities May 17 - May 23

SUNDAY • MAY 17

Breakfast at Verna Belle's—Omelets with Fruit

- 10:00 a.m. ~ Church Service, CR
- 1:00 p.m. ~ Methodist Fellowship, MR
- 2:00 p.m. ~ Ride to the Pond, VE
- 7:00 p.m. ~ Vespers, St, Thomas More, CR

MONDAY • MAY 18

Trash pick-up day

Breakfast at Verna Belle's—Biscuits & Sausage Gravy
Dental Hygiene Clinic (By Appointment Only), Miller Spa

- 9:30 a.m. ~ Seated Strength, CR
- 9:30 a.m. ~ Ride to the Pond, VE
- 10:20 a.m. ~ Weights 101, CR
- 11:15 a.m. ~ Sit and Be Fit, CR
- 12:00 p.m. ~ Beginner Tai Chi, CR
- 1:00 p.m. ~ Wellness Challenge Walk, VE
- 1:00 p.m. ~ Blood Pressure Clinic, GR
- 1:15 p.m. ~ Parkinson's Exercise Class, LR
- 1:30 p.m. ~ Ladies Pool Table Time, BP
- 2:00 p.m. ~ Ride to the Pond, VE
- 2:30 p.m. ~ Mary Roberts Memorial, CR
- 2:45 p.m. ~ MLH Singers Practice, LR
- 5:30 p.m. ~ 5th Floor Supper, MR
- 7:00 p.m. ~ Community Bingo, KSU CR

TUESDAY • MAY 19

Breakfast at Verna Belle's—Breakfast Sandwich with Fruit

- 7:30 a.m. ~ 1st Presbyterian Men's Bible Study, MR
- 9:30 a.m. ~ Ride to the Pond, VE
- 10:30 a.m. ~ Steady Yourself, CR
- 11:15 a.m. ~ Chair Yoga, CR
- 12:00 p.m. ~ Seven Dolors Book Discussion, LR
- 1:00 p.m. ~ Tai Chi, CR
- 2:00 p.m. ~ Ride to the Pond, VE
- 2:00 p.m. ~ Life Story, LR
- 3:00 p.m. ~ Coffee Corner, CR
- 3:30 p.m. ~ Ambassador Committee, CON
- 4:00 p.m. ~ Newspaper & Bible, LR
- 5:30 p.m. ~ 2nd Floor Supper, CR

WEDNESDAY • MAY 20

Breakfast at Verna Belle's—Breakfast Burrito with Fruit

- 9:00 a.m. ~ New Perspectives, MR
- 9:30 a.m. ~ Seated Strength, CR
- 9:30 a.m. ~ Ride to the Pond, VE
- 10:00 a.m. ~ Church Service, KSU CR
- 10:00 a.m. ~ Memory Support Group, CON
- 10:20 a.m. ~ Weights 101, CR
- 11:15 a.m. ~ Sit and Be Fit, CR
- 12:00 p.m. ~ Beginner Tai Chi, CR
- 1 to 2 p.m. ~ Fitness Center Office Hour, FC
- 1:00 p.m. ~ Wellness Challenge Group Walk, VE
- 1:30 p.m. ~ Depart for Osher Class (The Bible & Science), VE

- 1:30 p.m. ~ Pitch, GR
- 2:00 p.m. ~ Ride to the Pond, VE
- 2:00 p.m. ~ Fitness/Nutrition Seminar, KSU CR
- 2:30 p.m. ~ General Support Group, CON
- 2:30 p.m. ~ Lutheran Communion, LR
- 3:00 p.m. ~ Call Hall Ice Cream, KR
- 7:00 p.m. ~ Premiere for Anthropology Students, CR
- 7:00 p.m. ~ Woodwinds Anonymous, LR

THURSDAY • MAY 21

Breakfast at Verna Belle's—Biscuits & Sausage Gravy

- 9:00 a.m. ~ Messenger Ladies, CON
- 9:30 a.m. ~ Ride to the Pond, VE
- 10:00 a.m. ~ Meadowlark Bible Study, MR
- 11:00 a.m. ~ Parkinson's Webinar, KSU CR
- 1:00 p.m. ~ Blood Pressure Clinic, GR
- 2:00 p.m. ~ Ride to the Pond, VE
- 2:00 p.m. ~ Low Vision Support Group, KSU CR
- 3:30 p.m. ~ Dementia Support Group, CON
- 5:30 p.m. ~ Meadowlark Valley Supper, MR
- 7:00 p.m. ~ IL Bingo, CR
- 7:30 p.m. ~ Sons of the American Revolution, CON

FRIDAY • MAY 22

Breakfast at Verna Belle's—Waffle or Pancake

- 9:30 a.m. ~ Seated Strength, CR
- 9:30 a.m. ~ Ride to the Pond, VE
- 10:20 a.m. ~ Weights 101, CR
- 11:15 a.m. ~ Sit and Be Fit, CR
- 1:00 p.m. ~ Hand & Foot Card Games, GR
- 1:15 p.m. ~ Parkinson's Exercise Class, CR
- 1:15 p.m. ~ Parkinson's Caregiver Support Group, LR
- 1:30 p.m. ~ Brain Booster, GR
- 2:00 p.m. ~ Ride to the Pond, VE
- 7:00 p.m. ~ Tommy Lee Performance, CR

SATURDAY • MAY 23

Breakfast at Verna Belle's—Omelets with Fruit

- 9:30 a.m. ~ Painting for Fun, KSU CR
- 9:30 a.m. ~ Ride to the Pond, VE
- 2:00 p.m. ~ Ride to Pond, VE
- 3:30 p.m. ~ Alex's Affordable Eyewear Adjustments, CR

ROOM ABBREVIATIONS

BP, Billiards Parlor	LB, Library
CR, Community Room	LR, Living Room
CON, Conference Room	MR, Manhattan Room
FC, Fitness Center	MCR, Miller Craft Room
GR, Game Room	PS, Prairie Star Restaurant
GC, Grosh Cinema	TR, Tranquility Room
KR, Kansas Room (Pub)	VE, Village Entrance
KSU CR, KSU Classroom	WS, Woodshop