



Meadowlark Hills Messenger

Meadowlark Hills Retirement Community

Dec. 18, 2014

Cultivating Community Through Shared Experiences

The Beach Museum seeks volunteers

The Beach Museum of Art is doing a program called Cultivating Community Through Shared Experiences. The staff at the museum would like to invite past military wives to be paired with current military wives on Jan. 29 at the Beach Museum of Art. When the participants enter the museum, they will choose a handmade ceramic mug. The patterns on the mugs have been made in pairs, and the participants will find the person whose pattern matches their own. The patterns are inspired by the seasons of the Konza Prairie and the traditions of the tea ceremony. To expand the connections cultivated,

partners will join with another pair who has the same color handle. Conversation starters will be provided to encourage exchange of ideas and exploration of human commonalities. The goal of this activity is for citizens to connect with people they might not otherwise talk to and thereby build the community in Manhattan.

The Beach Museum of Art is asking for 12 willing participants who were military wives in the past. Please sign up in the Blue Book at the Hospitality Desk if you are interested.

UPCOMING EVENTS

All-Campus Christmas Party

You are invited to the All-Campus Christmas Party hosted by Sloan House for a holiday celebration from 1:30 to 4 p.m. on Thursday, Dec. 18, in the Community Room. Get your picture taken with Santa starting at 1:30 p.m. in the Living Room and enjoy listening to a flute ensemble at 3:30 p.m. in the Community Room. Enjoy some hot cider, hot cocoa and decorated Christmas cookies!

Vespers Services

The Vespers service, led by the Reverend Paul Allen, will begin at 7 p.m. Sunday, Dec. 21, in the Community Room. All are welcome.

Christmas Eve Carols

Join Bob Hughes and Jane Boys for Christmas Eve Carols from 4 to 5 p.m. on Wednesday, Dec. 24, in the Community Room. Refreshments will be served.

Christmas Light Tour of Manhattan

The tour of Christmas lights with Resident Services Leader, Darcy Reinbold-Olson, from 5:30 to 7 p.m. Thursday, Dec. 18, is now full. If you had signed up, please meet at the Village Entrance at 5:30 p.m.

Wine and Cheese Party

You are invited to sign up for a Wine & Cheese Party at 7 p.m. on Friday, Dec. 26, in the Community Room. Join us for some good conversation, great wines and flavorful cheeses! Our guest of the evening will be the Health Services Director, Garrett Lee.

Christmas Carol Sing-A-Long

Come to a Christmas Sing-A-Long at 3 p.m. on Saturday, Dec. 20, in the Game Room. Sing some holiday tunes, and enjoy some gingersnap cookies and hot apple cider. The event is led by Betty and Shorty Kahler, and Jane Boys. All are welcome.



Thank you for your continued support of the MLH Foundation and its mission.

*The Meadowlark Hills Messenger is proudly sponsored by **The Trust Company**.*

ANNOUNCEMENTS

Christmas & New Years Closings

The following are service areas and their holiday schedules for Christmas and New Years.

- **Environmental Services:**
 - On-call for emergencies on Thursday, Dec. 25
 - On-call for emergencies on Thursday, Jan. 1
- **Finance Services:**
 - Closing at noon on Wednesday, Dec. 24, and closed on Thursday, Dec. 25
 - Closing at noon on Wednesday, Dec. 31, and closed on Thursday, Jan. 1
- **Information Technology (IT):**
 - Closed on Thursday, Dec. 25, and Friday, Dec. 26
 - Closed on Thursday, Jan. 1
- **Sales Office:** Closed on Thursday, Dec. 25, and Thursday, Jan. 1
- **Exercise Classes:**
 - All exercise classes canceled on Wednesday, Dec. 24, through Friday, Dec. 26
 - All exercise classes canceled on Wednesday, Dec. 31, and Thursday, Jan. 1
 - Caul Fitness Center remains open
- **Pizazz Salon:**
 - Closing at noon on Wednesday, Dec. 24, and closed on Thursday, Dec. 25, and Friday, Dec. 26
 - Closing at noon on Wednesday, Dec. 31, and closed on Thursday, Jan. 1

- **Physician Office:**
 - Closing at noon on Wednesday, Dec. 24, and closed on Thursday, Dec. 25, and Friday, Dec. 26
 - Closing at noon on Wednesday, Dec. 31, and closed on Thursday, Jan. 1
- **Hospitality Desk/Resident Services:**
 - Closing at 5 p.m. on Wednesday, Dec. 24, and closed on Thursday, Dec. 25
 - Closing at 5 p.m. on Wednesday, Dec. 31, and closed on Thursday, Jan. 1

Food and Beverage

- **Verna Belle's Café:**
 - Open 8 a.m. to 3 p.m. on Wednesday, Dec. 24
 - Open 8 to 10 a.m. for breakfast on Thursday, Dec. 25
 - Open 8 to 10 a.m. for breakfast on Thursday, Jan. 1
- **Prairie Star Restaurant:** Closing at 4 p.m. on Thursday, Dec. 25, and boxed dinners available (advance sign up in the Blue Book required)
- **Kansas Room Pub & Lounge:** Closed on Thursday, Dec. 25

Clinics and Bingo

- **Blood Pressure Clinic:** Canceled Thursday, Dec. 25
- **Dr. Tran Foot Clinic:** Canceled Wednesday, Dec. 24
- **IL Bingo:** Canceled Thursday, Dec. 25



Lunch Specials Dec. 21 – 27

Sunday, Dec. 21 – Taco Bake with Mexican-Style Corn	\$5.50
Monday, Dec. 22 – Meatball Sub with Soup or Chips	\$3.75/\$5.50
Tuesday, Dec. 23 – Garlic Chicken Pizza	\$3.75/\$5.50
Wednesday, Dec. 24 – Steak Sandwich with Soup or Chips	\$3.75/\$5.50
Thursday, Dec. 25 – Closed (Breakfast will be served 8 to 10 a.m.)	
Friday, Dec. 26 – Cream Spinach Ravioli with Garlic Bread	\$5.50
Saturday, Dec. 27 – Chicken Salad Sandwich with Soup or Chips	\$3.75/\$5.50

UPCOMING EVENTS & ANNOUNCEMENTS

KSU Men's Basketball Watch Parties

Watch the KSU Men's basketball games at 6 p.m. on Saturday, Dec. 20, against Texas A&M University and at 2 p.m. on Sunday, Dec. 28, against Texas Southern University in the Game Room. Refreshments will be served.

Do Right Daddies

The "Do Right Daddies"-also know as Dave and Karl Zerfas-will be performing at 7 p.m. Friday, Dec. 19, in the Community Room. Come listen to some great music!

Fred Atchison's Birthday

Fred Atchison will be turning 90 on Dec. 26. Honstead House is accepting birthday cards for Fred until Friday, Dec. 26. A box will be available in the household to collect cards. Honstead House will be celebrating Fred's birthday with a cake around lunch time on Dec. 26, if you would like to stop by and wish him a happy birthday!

Memorial Service for Bea Mullin

A memorial service for Phoebe "Bea" Mullin will be held Tuesday, Dec. 23, at 11 a.m. in the Community Room. All are welcome to attend.

Maintenance Noise

The cooling tower in the southeast corner of the courtyard is currently being replaced. This project will take four weeks to complete and will generate some noise. Each day work on the cooling tower will start no earlier than 8 a.m. and will conclude by 4 p.m. The new cooling tower will be shorter and help improve the views from the apartments located behind it. Staff apologizes for the noise.

Fitness Classes Canceled

Steady Yourself and Chair Yoga are canceled for Tuesday, Dec. 23.

Eyeglass Adjustment

Alex's Affordable Eyewear will be here from 3 to 4 p.m. on Saturday, Dec. 20, in the Community Room. They will adjust eyeglasses for residents at no charge.

PRAIRIE★STAR RESTAURANT

Christmas Day Lunch Special

Thursday, Dec. 25

Make your reservations by signing up in the Blue Book located at the Hospitality Desk. Two available seating times: 11 a.m. & 1 p.m.

Menu:

Choice of Starter:

Tossed Salad
Fresh Mozzarella Roma Tomato Salad
with Fresh Basil
Roasted Vegetable Chicken Soup

Choice of Entrée:

Grilled Swordfish
with Lemon Tarragon Sauce
Prime Rib Au Jus

Sides:

Scalloped Potatoes
Vegetable Medley

Choice of Dessert:

Chocolate Peppermint Roll
Raspberry Walnut Torte
French Silk Pie

Cost: \$16 adults, \$8 children

Box Dinner:

Choice of turkey or ham sandwich, with or without cheese, chips, apple and choice of cherry or apple pie.

Sign up in the Blue Book. Pick up between 4 and 5 p.m. Thursday, Dec. 25, in Prairie Star Lobby.

Cost is \$5.

Service of Remembrance

You are invited to attend the Service of Remembrance to celebrate the lives of those we've lost in the last month. The service will begin at 3 p.m. Friday, Dec. 26, in the Living Room. All are welcome to attend.

PRAIRIE★STAR

RESTAURANT

Dec. 21– Dec. 27

Includes beverage, starter and dessert.

SUNDAY	Dec. 21 ~ Lunch \$11	Dinner \$10
	Beef Stroganoff Buttered Egg Noodles Vegetable of the Day	Ham & Beans Cornbread Vegetable of the Day
MONDAY	Dec. 22 ~ Lunch \$10	Dinner \$11
	Fish & Chips Choice of Vegetable	BBQ Pulled Pork Coleslaw Potato Salad
TUESDAY	Dec. 23 ~ Lunch \$8	Dinner \$12
	Fajita Bar (does not include drink, starter, or dessert)	Coconut Shrimp Roasted Red Potatoes Vegetable of the Day
WED.	Dec. 24 ~ Lunch \$9	Dinner \$11
	Tuna Noodle Casserole Choice of Vegetable	Meatloaf Mashed Potatoes and Gravy Vegetable of the Day
THURSDAY	Dec. 25 ~ Lunch	Dinner
	Christmas Menu Please Sign Up in the Blue Book. (\$8 for Children)	Closed for Christmas
FRIDAY	Dec. 26 ~ Lunch \$10	Dinner \$11
	Turkey Rueben Steak Fries Choice of Vegetables	Peach Grazed Ham Scalloped Potatoes Vegetable of the Day
SATURDAY	Dec. 27 ~ Lunch \$10	Dinner \$11
	BBQ Chicken Wings Waffle Fries Celery Sticks	Chicken Cordon Blue Wild Rice Vegetable of the Day

*You may substitute an extra vegetable for the starch on any special for no additional charge.

Grosh Cinema Movies

Monday, December 22-December 28

Show Times: 1, 4 and 7 p.m., Monday – Saturday
2 and 6 p.m., Sunday

Monday, December 22 – White Christmas (1954)

A successful song-and-dance team become romantically involved with a sister act and team up to save the failing Vermont inn of their former commanding general.

Co-starring: Bing Crosby, Danny Kaye & Rosemary Clooney

Not Rated; 2 hrs.

Tuesday, December 23 - Christmas Story (2007)

The touching story of how Santa Claus came to be Santa.

Co-starring: Hannu-Pekka Bjorkman, Otto Gustavsson & Jonas Rinne

Rated PG; 1 hr. 23 min.

Wednesday, December 24 – The Christmas Miracle of Jonathan Toomey (2007)

When a broken hearted boy loses the treasured wooden nativity set that links him to his dead father, his worried mother persuades a lonely ill-tempered woodcarver to create a replacement, and to allow her son to watch him work on it.

Co-starring: Aran Bell, Tom Berenger & Thomas Briggs

Not Rated; 1 hr. 31 min.

Thursday, December 25 – Christmas Lodge (2011)

Mary Tobin has wonderful memories of family gatherings at the Christmas Lodge. When she arrives for a weekend vacation, she quickly realizes that the lodge that she loves has fallen into serious disrepair. With a lack of funds and a looming deadline, she not only restores the Christmas lodge's charm but finds love along the way.

Starring: Erin Karpluk, Michael Shanks & Rukiya Bernard

Rated G; 1 hr. 26 min.

Friday, December 26– Christmas with the Kranks (2004)

With their daughter away, her parents decide to skip Christmas altogether until she decides to come home, causing an uproar when they have to celebrate the holidays at the last minute.

Co-starring: Tim Allen, Jamie Lee Curtis & Dan Aykroyd

Rated PG; 1 hr. 39 min.

Saturday, December 27– Mr. Peabody (2014)

A time-travelling adventures of an advanced canine and his adopted son, as they endeavor to fix a time rift they created.

Co-starring: Ty Burrell, Max Charles & Stephen Colbert

Rated PG; 1hr. 32 min.

Sunday, December 28– The Search for Santa Paws (2010)

Magic dogs and an elf team up with two children to rescue Santa who has lost his memory.

Co-starring: Reese Alexander, Diedrich Bader & Sahar Biniaz

Rated G; 1 hr. 36 min.

This Week's Opportunities December 21- December 27

SUNDAY • DECEMBER 21

Breakfast at Verna Belle's—Omelets with Fruit

10:00 a.m. ~ Church Service, CR

2:00 p.m. ~ Movie, GC

6:00 p.m. ~ Movie, GC

7:00 p.m. ~ Vespers, Paul Allen, CR

MONDAY • DECEMBER 22

Trash pick-up day

Breakfast at Verna Belle's—Biscuits & Sausage Gravy

Dental Hygiene Clinic (By Appointment Only), Miller Spa

9:30 a.m. ~ Seated Strength, CR

10:20 a.m. ~ Weights 101, CR

11:15 a.m. ~ Sit and Be Fit, CR

12:00 p.m. ~ 1st Presbyterian Men's Lunch, MR

12:00 p.m. ~ Beginner Tai Chi, CR

1:00 p.m. ~ Blood Pressure Clinic, GR

1:00 p.m. ~ Parkinson's Exercise Class, CR

1:30 p.m. ~ Ladies Pool Table Time, BP

3:00 p.m. ~ MLH Singers Practice, CR

7:00 p.m. ~ Community Bingo, CR

7:00 p.m. ~ Game Time, GR

TUESDAY • DECEMBER 23

Breakfast at Verna Belle's—Breakfast Sandwich with Fruit

11:00 a.m. ~ Bea Mullin Memorial Service, CR

12:00 p.m. ~ Seven Dolors Book Discussion, LR

1:00 p.m. ~ Tai Chi, CR

3:00 p.m. ~ Coffee Corner, CR

4:00 p.m. ~ Newspaper & Bible, LR

5:30 p.m. ~ 3rd Floor Supper, CR

7:00 p.m. ~ Dominoes, GR

WEDNESDAY • DECEMBER 24

Breakfast at Verna Belle's—Breakfast Burrito with Fruit

8:00 a.m. ~ Centering Prayer, TR

9:00 a.m. ~ Messenger Ladies, LR

9:00 a.m. ~ New Perspectives, MR

10:00 a.m. ~ Memory Support Group, CON

10:00 a.m. ~ Church Service, KSU CR

10:00 a.m. ~ Wal-Mart/ Dillons Shopping Trip, VE

1 to 2 p.m. ~ Fitness Center Office Hours, FC

1:30 p.m. ~ Pitch, GR

3:00 p.m. ~ Call Hall Ice Cream, KR

3:00 p.m. ~ Christmas Eve Carols, GR

7:00 p.m. ~ Game Time, GR

THURSDAY • DECEMBER 25

Breakfast at Verna Belle's—Biscuits & Sausage Gravy

11:00 a.m. ~ Christmas Dinner, MR, GR & Prairie Star

1:00 p.m. ~ Christmas Dinner, MR, GR & Prairie Star

4 to 5 p.m. ~ Christmas Boxed Dinner Pick-up, Prairie Star

*Merry
Christmas*

FRIDAY • DECEMBER 26

Breakfast at Verna Belle's—Waffle or Pancake

1:00 p.m. ~ Hand and Foot Card Games, GR

3:00 p.m. ~ Service of Remembrance, LR

7:00 p.m. ~ Wine & Cheese Party, CR

SATURDAY • DECEMBER 27

Breakfast at Verna Belle's—Omelets with Fruit

9:00 a.m. ~ Acrylic/Watercolor Painting for Fun, KSU CR

1:00 p.m. ~ Movie, GC

4:00 p.m. ~ Movie, GC

7:00 p.m. ~ Movie, GC

• ROOM ABBREVIATIONS •

BP, Billiards Parlor

CR, Community Room

CON, Conference Room

FC, Fitness Center

GR, Game Room

GC, Grosh Cinema

KR, Kansas Room (Pub)

KSU CR, KSU Classroom

LB, Library

LR, Living Room

MR, Manhattan Room

MCR, Miller Craft Room

PS, Prairie Star Restaurant

TR, Tranquility Room

VE, Village Entrance

WS, Woodshop

Gift Wrapping

Gift wrapping will be available at the Hospitality Desk for \$0.75 per package. You can pick from a variety of wrapping paper and bows. If possible, please bring your gift already packaged. The Hospitality Staff is excited to wrap your gifts!

Thursday, Dec. 18

5:30 p.m. to 8 p.m.

Saturday, Dec. 20 & Sunday, Dec. 21

10 a.m. to 7 p.m.

DRINK SPECIAL



Dec. 22 to 27

White Christmas

4 oz. Egg Nog

1/2 oz. White Chocolate Liqueur

1 oz. Southern Comfort

\$3.75