



Meadowlark Hills Messenger

Meadowlark Hills Retirement Community

Oct. 9, 2014

LeadingAge Advocate of the Year Award

Meadowlark Hills Employee Rita Harsch Receives Award



submitted by Sarah Duggan

Rita Harsch received the 2014 "Advocate of the Year" award for her excellence in advocacy leadership with Meadowlark Hillson Oct. 1, 2014.

Rita's level of expertise with Medicaid and insurance allows

above: Rita Harsch poses with her LeadingAge award.

her the opportunity to advocate for residents and their families to ensure their benefits. In the confusing world of medical assistance and insurance programs, Rita provides elders and their family's guidance and support.

Rita is passionate about helping older adults as they wade through the process of insurance and medical assistance programs. She often goes above and beyond, including working outside of "normal" business hours, to meet with families. Harsch definitely goes the extra mile to advocate that older adults make the best appropriate and beneficial insurance decisions.

"Rita Harsch is an exceptional employee of Meadowlark Hills with a commitment to taking care of seniors in her community," said Debra Zehr, CEO & President of LeadingAge Kansas. "In one story about Rita, we learned that she was instrumental in a resident receiving their monthly income from the VA. We applaud Rita in her efforts and cannot say 'thank you' enough to her for the support she gives to the Manhattan community."

Through her advocacy, Rita is raising awareness of the value of aging service providers in Kansas. She received this award from LeadingAge Kansas, a statewide association of 160 not-for-profit aging services providers dedicated to serving the needs of over 20,000 seniors in Kansas each day. This annual award is presented to an individual or group who is a champion for elders and has provided outstanding advocacy leadership on behalf of older Kansans. An inspirational evening celebrating our award winners took place at 6 p.m. Wednesday, Oct. 1, at the Hilton Garden Inn in Manhattan, Kansas.

HOGtoberfest UPDATE

Donations for the HOG & Kisses Contest have been steadily coming. The **HOG** kisser candidates are neck and neck in the contest so continue to vote for the **HOG** kisser of your choice by donating money online at www.meadowlark.org or by placing a check or cash in the candidate's mason jars.

Don't forget to stop by the Hospitality desk to purchase your chance tickets to try to win a grill package. Tickets are \$1 each or six tickets for \$5. The grill can be seen in the game room through Oct. 11, and will be on display at Cox Bros. BBQ, Oct. 12 through Oct. 16

Join us from 11 a.m. to 9 p.m. on Thursday, Oct. 16 at Cox Bros. Transportation will depart at 11 a.m. for lunch at Cox Bros and at 5:45 p.m. for dinner at Cox Bros. There is no charge for transportation. Sign up in the Blue Book at the Hospitality Desk.



Thank you for your continued support of the MLH Foundation and its mission.

*The Meadowlark Hills Messenger is proudly sponsored by **The Trust Company**.*

UPCOMING EVENTS

Storytelling at the Wonder Workshop

submitted by Chaplain Patty Brown-Barnett

On Saturday, Oct. 11, at 10:30 a.m., I will be telling stories once again at the Wonder Workshop Children's Museum (506 S. 4th St.) in Manhattan, next to the A.M.E. church. This week's program includes the telling of "The Wedding at Cana," a folk tale called "The Blind Man and the Hunter," an apocalyptic vision from Revelations 21, and a tale from China. The final installment of this program takes place on Saturday, Oct. 25, and consists of stories told by all of those who have been featured throughout the series. The Wonder Workshop is located directly across from free public parking on Fourth St.

Brownbag Lunch Lecture Series

Bring a lunch and listen to a televised class presentation on Coalition for Independence by Barney Mayse at noon Wednesday, Oct. 15, in the KSU Classroom. No registration necessary.

Dave Zervas Musical Performance

Come enjoy Dave Zervas, performing solo, at 7 p.m. Friday, Oct. 10, in the Community Room. It will be a great show full of old-time country music ballads. To top it all off, Dave will be playing acoustically!

Vespers Services

The Vespers service, led by the Board of Deacons with Trinity Presbyterian, will begin at 7 p.m. Sunday, Oct. 12, in the Community Room.

KSU Football Tailgating Party

Mark your calendars for the next Kansas State University football game against University of Oklahoma. The tailgate party will be hosted in the Game Room and Kansas Room & Pub at 11 a.m. Saturday, Oct. 18. We encourage you to hang out, watch the game and cheer on Kansas State University! Refreshments will be served.

Open House

Meadowlark Hills will be hosting an Open House for Manhattan and the surrounding area this Sunday, Oct. 12, from 1:30 to 3:30 p.m. Three cottages will be open to tour at your convenience. A Sales Team representative will be in each location to give a brief guided tour and answer any questions about Meadowlark Hills. Cottages to be toured include: 2241 Meadowlark Rd., 2250 Meadowlark Rd., and 1113 Meadowlark Circle. This is an excellent opportunity to invite friends and show off our beautiful campus at Meadowlark Hills!

Lunch Specials

Oct. 12 – 18

Sunday, Oct. 12 – Chicken and Potato Casserole	\$5.50
Monday, Oct. 13 – Meatball Sub with Soup or Chips	\$3.75/\$5.50
Tuesday, Oct. 14 – Chili with Corn Bread Muffin	\$3.75/\$5.50
Wednesday, Oct. 15 – Grilled Cheese with Tomato Soup	\$3.75/\$5.50
Thursday, Oct. 16 – Pepperoni Pizza	\$3.75/\$5.50
Friday, Oct. 17 – Chicken and Waffles with Fruit Cup	\$3.75/\$5.50
Saturday, Oct. 18 – Egg Salad Sandwich with Soup or Chips	\$3.75/\$5.50



UPCOMING EVENTS & ANNOUNCEMENTS

Kansas at the Crossroads: The Future of Energy and Water Resources

This Osher course focuses on the state's energy and water issues—and the places they intersect, along with the attendant public policy debate. This session will be 7 to 9 p.m. on Tuesday, Oct. 14, in the Community Room. Prior registration is required to attend this course.

Billiards Tournament

Tournament play has begun! Be sure to check the bracket and contact your opponent to schedule a time to play. Post-it notes will be placed in the Billiards Room to reserve the table for tournament play. The only time slot not allowed to be scheduled is during the Ladies Pool Time, from 1:30 to 2:30 p.m. every Monday.

Please contact Resident Services Leader, Darcy Reinbold-Olson, if you have any questions. Stay tuned for the 2014 Fall Champion!

Arlington National Cemetery: Its History and Its Heros

This Osher course reviews the Arlington Cemetery's colorful history from pre-Civil War days as Robert E. Lee's home through current U.S. conflicts. The first and second sessions of this course will be from 2 to 4 p.m. on Thursday, Oct. 9 and Thursday, Oct. 16, at the Manhattan Arts Center. Transportation will depart from the Assisted Living entrance at 1:30 p.m. There is no charge for transportation. Prior registration is required to attend this course.

The War for America, 1775—1783

This Osher course examines the military and social aspects of the American Revolution. Robert Smith, Ph.D., will be the presenter of this course. The third and final class of this course will be from 2 to 4 p.m. Wednesday, Oct. 15, in the Community Room. Prior registration is required to attend this course.

Center on Aging Lecture Series

The second session of the K-State Faculty Lecture Series hosted by the KSU Center on Aging is 4 to 5 p.m. Thursday, Oct. 9, in the Community Room. The speaker is Sherry Haar. The title of her session is: "From the Garden: Dyeing and Printing with Plants." Join Sherry to hone your creative skills using plants.

Lindsborg Trip

You are invited on a day trip at 8:30 a.m. Wednesday, Oct. 15, to Lindsborg, Kansas, to view the Birger Sandzen Memorial Gallery. The gallery will feature "Visual Poetry" with 21 paintings by Oscar Larmer of Manhattan, Kan. Admission to the gallery is free and we will stop at Swedish Crown lunch. The cost for transportation is \$10 per person and transportation will pick up at the Assisted Living Entrance. The lunch will be paid for on your own. Sign up in the Blue Book at the Hospitality Desk to attend.

Wildcat Iron Chef

The KSU Health and Nutrition Society is putting on a Wildcat Iron Chef Competition and Expo in support of the Flint Hills Breadbasket. The expo is from 5 to 7 p.m. Friday, Oct. 10, in the Hoffman Lounge of Justin Hall on K-State campus. Visitors will learn how to make an inexpensive three course meal, browse displays and booths and learn how nutrition may be affected by poverty. A suggested donation of \$5 at the door will help raise funds for the Flint Hills Breadbasket. Sign up in the Blue Book at the Hospitality Desk for transportation to this event. The cost for transportation is \$3 per person.

Twin City Travelers

A slideshow presentation of the Minneapolis trip will be shown at 7 p.m. Friday, Oct. 24, in the Community Room. Please email any photos you would like to be used in the slideshow to Darcy at darcy.olson@meadowlark.org or drop off pictures at the Resident Services office.

Transportation Pick-Up Location Change

Due to the concrete work, Meadowlark Hills transportation is unable to use the Village Entrance. Until further notice, all scheduled pick-ups from the Village Entrance will now be from the Assisted Living (Miller) Entrance.

Fancy T's & More

hosted by Jo Ann Edwards

Fancy T's clothing line will be on display from 2 to 4 p.m. Thursday, Oct. 16, in the Living Room. T-shirts and sweatshirts designed with bling will be featured. These clothing items will be available for purchase at the event.

UPCOMING EVENTS & ANNOUNCEMENTS CONT.

62nd Annual Lee Elementary School Chicken BBQ

The 62nd Annual Lee Elementary School Chicken BBQ will be held on Friday, Oct. 17, from 5 to 8 p.m. at Lee School, 701 Lee Street, Manhattan Kan. The same recipe has been used since the beginning of the BBQ, with chickens cooked the “old fashioned” way over a bed of charcoal. In addition to the delicious chicken, potato salad, barbeque beans, a roll, and dessert are included in the price of the meal. Dine in or carryout: Quarter Chicken meal is \$8, Half Chicken Meal is \$10, Veggie Burger meal is \$6. Stop by the Lee School Office (8 a.m. to 4:30 p.m.) to pick up your tickets or order online at www.leechickenbbq.com. If a group of five or more orders are placed by Meadowlark Hills Residents, delivery to Meadowlark Hills would be made available. Contact Tracy Robinson with any questions at (785) 564-0332.

Stewart Ray Performance

Stewart Ray will be performing country music at 7 p.m. Friday, Oct. 17, in the Community Room. Stewart has a raw passion for his music and songwriting and comes from our very own Manhattan, Kansas! Stewart plays country music and even started performing at the “Little Grill” when he was only 14 years old!

Hale Library Concert Series

Meadowlark Hills is a sponsor of the Hale Library Concert Series. The first concert will be at 7:30 p.m. on Friday, Oct. 17 in the Hemisphere Room in the Hale Library. Nora Lewis teaches oboe, music history, 18th century counterpoint and chamber music at Kansas State University, and she performs with the Konza Winds Faculty Quintet. She is also oboist in the Pen Trio. She will be performing with Gordon Lewis, bass; and Amanda Arrington, piano. Meadowlark Hills has four tickets to this concert available. Please see Darcy if you are interested in attending.

Flu Clinic for Independent Living Residents

A flu clinic will be held from 2 to 4 p.m. Tuesday, Oct. 21, and from 1 to 3 p.m. Thursday, Oct. 23, in the KSU Classroom. Flu shots will be administered by the Home Health nurses. The cost of the flu shot is \$38, but is covered by Medicare and some insurance plans.

Construction on Verna Belle's Café

The dates have changed that Verna Belle's Café will be under construction. Please be advised that Verna Belle's will now be closed Monday, Nov. 3, through Saturday, Nov. 8. As a reminder, Prairie Star will be open for breakfast those days.

Max Bayer Surprise Birthday Party

Come to the Community Room from 2 to 4 p.m. on Sunday, Oct. 19, to celebrate Max Bayer's birthday. It is a surprise party so shhh...keep it a secret! Cards can be sent to 2324 SW 34th Street, Topeka, KS 66611. Stop by and celebrate Max's birthday!

Shopping Trip

Take advantage of the complimentary transportation to local shopping centers. Transportation now goes to the following locations: Dillons and Walmart. The next trip departs at 10 a.m. on Wednesday, Oct. 15, from the Assisted Living Entrance. Please sign up in the Blue Book to register for transportation.

41st Annual Pumpkin Patch Arts & Crafts Fair

Browse a unique selection of handmade arts and crafts at the 41st Annual Pumpkin Patch Arts and Crafts Fair hosted by the Mercy Regional Health Center Auxiliary on Friday, Oct. 17. After the pumpkin patch, we will head to lunch at Early Edition. Transportation will depart from the Village Entrance at 10 a.m. Sign up in the Blue Book at the Hospitality Desk. The cost for transportation is \$3 per person. Don't forget to bring money to buy items you like and to pay for lunch.

FOUNDATION NEWS

September 2014 Gifts In Honor of

Rodney Bowen
Barbara Wilson
John Mann
Louise Winter
Dr. LT Fan

*Donations were made to the Good Samaritan Fund,
Tinklin House Fund & Bramlage House Fund.*

TOWN MEETING MINUTES

Oct. 6, 2014

Welcome and Introduction of New Residents, Darcy Reinbold-Olson

Nyle and Norma Larson were introduced as new residents. We also welcome Evelyn Lady and Betty and Glen Jameson.

Campus Update, Lonnie Baker

Lonnie Baker reported that our honey bees have been busy producing over 270 pounds of honey! We are going to package the honey as Meadowlark Hills honey and it will be sold in Verna Belle's Café.

We are closing in on the end of the road construction. Completion is scheduled for Oct. 15, as long as the weather cooperates. Additional concrete work will be done throughout the remainder of the year and will be specifically in the back of the building.

Second floor construction is underway and residents had the opportunity to vote on the new design and look.

Last year was the lowest rate increase we have seen in years. We anticipate this year's rate increase to be comparable to last year.

Most facilities refer people to other government entities when they are in need of assistance with Medicaid, Medicare and VA. Meadowlark Hills is proud to have Rita Harsch as our own in-house advocate, to assist residents with these issues. We would like to congratulate Rita Harsch for being named the 2014 Advocate of the Year by the LeadingAge Association of Kansas.

Health Services Update, Garrett Lee

Garrett reported that the kitchen renovations in Collins and Stolzer Houses are complete. The Physician's Office received new carpet, paint, trim work and a new couch. Staff has been busy for the annual survey. Household staff organized a BBQ challenge. Entries were judged on creativity and taste. Sloan House was the overall winner with their 50's theme and cream cheese stuffed hamburgers. Resident Flu Clinics will be offered on Oct. 21 and 23. Employee Flu Clinics will be offered on Oct. 24 and 28.

Food Services Update, Matt Ruhnke

Matt Ruhnke introduced Lisa Schwarz as the new

full time Dietitian. Lisa's office is located in the kitchen office. Kathleen Bensen was introduced as our new dietetic intern. Mary Irsik was introduced as the new lead server in Prairie Star.

Renovations are scheduled to begin in Verna Belle's Café starting on Oct. 20 and continue until Oct. 26. Updates will include new cabinetry, counter tops, and a back splash. Verna Belle's will be closed during renovation, but Prairie Star Restaurant will be open for breakfast. The Manhattan Room and Kansas Room/Pub have been reserved to accommodate the extra guests during lunch. Verna Belle's grocery section will remain open from 1 to 5 p.m. daily.

The team is still getting the design process completed for the new dessert menu, which will also include the daily specials and drink menu.

HOGtoberfest, Rebecca Fitzgerald

Cox Bros BBQ will be hosting HOGtoberfest on Thursday, Oct. 16. Transportation has been arranged with departure times at 11 a.m. and 5:45 p.m. Funds raised during HOGtoberfest will go toward the Good Samaritan Fund. The Hogs and Kisses competition started on Oct. 1. Jackie Hartman, Lonnie Baker, Bud Cox, Tim Fitzgerald and three Q Country DJs are competing to see who will have to kiss the hog. The candidate who raises the most money by Oct. 16 will get to kiss a hog. Raffle tickets for a grill package are being sold at the Hospitality Desk. Chance tickets are \$1 each or six tickets for \$5. The drawing will take place on Oct. 16 at Cox Brothers BBQ.

IL Update/Upcoming Events, Darcy Reinbold-Olson

Dave Zerfas will be performing old time country ballads at 7 p.m. Friday, Oct. 10, in the Community Room.

HOGtoberfest is scheduled for Thursday, Oct. 16, at Cox Brothers BBQ. Transportation will be provided. This fundraiser helps support the Good Samaritan Fund.

Stewart Ray will perform country music at 7 p.m. Friday, Oct. 17, in the Community Room. Kansas State Wildcats will take on the Oklahoma Sooners on Saturday, Oct. 18. A watch party will be scheduled in the Game Room.

TOWN MEETING MINUTES CONT.

Darcy Reinbold-Olson will present a slideshow on Friday, Oct. 24, at 7 p.m. in the Community Room. Come and enjoy pictures of the Meadowlark Hills Travelers trip to the Twin Cities. Anyone who like to have their pictures featured in the slideshow should contact Darcy.

Kansas State Wildcats will take on the Texas Longhorns on Saturday, Oct. 25. A watch party will be scheduled in the Game Room.

Meadowlark Hills Community Halloween party

and costume contest is scheduled at 1:30 p.m. Friday, Oct. 31, in the Community Room.

The Old Timers Band will be performing at 7 p.m. Friday, Oct. 31, in the Community Room.

Adjourn

Submitted by Angela Burton

RESIDENT COUNCIL MINUTES

August 4, 2014

Members present: Sandra Emley, Loren Alexander, Jo Call, Ed Lindly, Ivan Tompkins, Ed Skidmore, Sharon Smith, Jean Beatty, Ruth Wells, Don Rasmussen, Bob Kruh, Dorothy Horsch, Orris Kelly and Polly Ferrell

Staff present: Lonnie Baker and Darcy Reinbold-Olson

Updates:

1. Campus Update: Lonnie Baker reported concrete work could finish early depending on weather. Concrete work is expected to be done mid-October. Colors for the carpet and walls are being selected for the second floor renovation. Honstead and Sloan Household project will be a sixteen-month, two-step project. Hallways and rooms to start late fall. Honstead and Sloan common areas and sunroom are scheduled to start in early spring. Lonnie reported all households are currently stable with Household Coordinators and Clinical Coordinators.

2. Board of Trustees Update: Committees have not met since last ILRC meeting. They will be meeting later this week. Loren and Lonnie gave a report on LeadingAge Kansas. The Personnel Committee and the Marketing/Resident Services Committee have not met yet. No report from Orris Kelly or Jean Beatty.

Approval of August Minutes:

Motion to approve the August minutes by Orris Kelly. Motion seconded by Jo Call and minutes were approved.

New Business:

1. Employee Appreciation Gift – Bob Kruh reported letters to residents will be sent out the first week of October. Residents are encouraged to act quickly. Gift contributions will be collected through the first of November.

2. Material Update - A packet of documents outlining the ILRC responsibilities was distributed by Darcy Reinbold-Olson. Minor additions/changes were added to committee members/chair responsibilities. Motion made by Jean Beatty that documents be accepted and approved. Dorothy Horsch seconded. Documents were approved.

Old Business:

1. Shopping Carts- Darcy Reinbold-Olson has been in contact with Aaron Floersch at Ray's Apple Market regarding the purchase and delivery of the five grocery carts.

Questions and Concerns

Orris Kelly presented a resident letter of concern regarding the sidewalks' incompatibility for the use of walkers. This concern will go to Building and Grounds Committee.

Ivan Tompkins presented a concern regarding the lack of appointment notifications from Dr. Tran's clinic at Meadowlark Hills. Darcy will follow up. Darcy presented a letter of concern regarding residents leaving laundry in machines on second floor. The Floor representative will report concern at floor meeting, and residents will be asked to remove laundry when finished. Signage will be added to the laundry room as a reminder.

RESIDENT COUNCIL MINUTES, CON'T

Identification of Action Items

See Table 1.

Adjourn

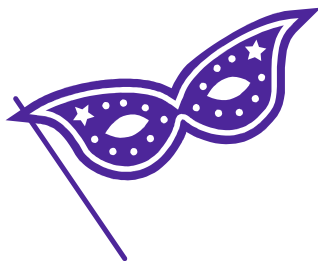
Submitted by: Darcy Reinbold-Olson

Table 1	Brief Description	Action to be Taken	By:	Status:
1.	Materials update	Committee will review content of policies and procedures	Darcy Reinbold-Olson Sandra Emley	In Progress
2.	ILRC Responsibilities document	Darcy will update font size and bring copies to next meeting	Darcy Reinbold-Olson	In Progress
3.	Shopping Carts	Darcy will work with Aaron at Ray's Apple Market to purchase carts.	Darcy Reinbold-Olson	In Progress
4.	Dr. Tran Appointments	Darcy will follow up on how this is communicated with residents.	Darcy Reinbold-Olson	In Progress
5.	Laundry on 2nd Floor	Floor rep. will take concern to floor meeting. Signage will be added to laundry room as a reminder.	Darcy Reinbold-Olson	In Progress

ANNOUNCEMENTS CONT.

Murder at the Masquerade

Calling all ages 50 and up. Mark your calendars for a fun night from 6 to 8 p.m. Friday, Oct. 17, at the brand new Bluemont Hotel for Murder at the Masquerade. This scary evening will consist of frightfully delicious eats and a murder mystery presented by the professional actors from The Murder Mystery Company. As people mingle and enjoy this fancy event, there will be a tragic and unexpected death. It's up to you to unmask the killer at the Annual Billionaire's Club Masquerade. Gather clues with guests, search for information and solve the crime before the masked killer gets away! Evening wear, Venetian masks, suits and tuxes must be worn to this high class night of masks and murder. Tickets can be purchased in advance for \$35 from the Manhattan Parks and Recreation Department. For more information, call (785) 473-7091.



Nature Walk

A nature walk around Meadowlark Hills campus will be lead by Sue Hunt and Mary Ann McCoy at 10 a.m. on Friday, Oct. 10. Please join them at the Miller Entrance if you would like to go along.

DRINK SPECIAL



Oct. 13—18
Black Widow

1.5 oz. Whiskey
1.5 oz. Dark Rum
1 tsp. Grenadine
2 oz. Ginger Ale

\$3.75



PRAIRIE★STAR

RESTAURANT

Oct 12th– Oct 18th
Includes beverage, starter and dessert.

SUNDAY	Oct 12th ~ Lunch \$11	Dinner \$11
	Roasted Honey Lime Chicken Scalloped Potatoes Choice of Vegetable	Beef Stroganoff over Noodles Vegetable of the Day
MONDAY	Oct 13th ~ Lunch \$10	Dinner \$11
	Steak Quesadilla Black Beans Spanish Rice	Pecan Chicken with Dijon Mustard Sauce Wild Rice Vegetable of the Day
TUESDAY	Oct 14 ~ Lunch \$8	Dinner \$11
	Fajita Bar (Does not include drink, starter or dessert)	Pork Tenderloin Piccata Roasted Red Potatoes Vegetable of the Day
WED.	Oct 15th ~ Lunch \$10	Dinner \$12
	Bacon & Spinach Quiche Choice of Vegetable	Coconut Shrimp Baked Potato Vegetable of the Day
THURSDAY	Oct 16th ~ Lunch \$7	Dinner \$11
	Potato Bar (Does not include drink, starter or dessert)	Meatloaf Mashed Potatoes & Gravy Vegetable of the Day
FRIDAY	Oct 17th ~ Lunch \$10	Dinner \$12
	Fried Catfish Cole Slaw French Fries	Grilled Salmon with Dill Sauce Rice Pilaf Vegetable of the Day
SATURDAY	Oct 18th ~ Lunch \$10	Dinner \$15
	Beef Stew Choice of Vegetable	Steak Night Baked Potato Vegetable of the Day

*You may substitute an extra vegetable for the starch on any special for no additional charge.

Grosh Cinema Movies

Monday, October 13 - Sunday, October 19

Show Times: 1, 4 and 7 p.m., Monday – Saturday
2 and 6 p.m., Sunday

Monday, October 13 – The English Patient (1996)

At the close of WWII, a young nurse tends to a badly-burned plane crash victim. His past is shown in flashbacks, revealing an involvement in a fateful love affair.

Co-Starring: Ralph Fiennes, Juliette Binoche & Willem Dafoe

Rated R for sexuality, some violence and language; 2 hrs. 42 min.

Tuesday, October 14 – Forces of Nature 1999)

A soon-to-be-married man encounters an exciting stranger after his plane suffers an accident on takeoff.

Co-Starring: Sandra Bullock, Ben Affleck & Maura Tierney

Rated PG-13; 1 hr. 45 min.

Wednesday, October 15 – Charlie Wilson's War (2007)

A drama based on a Texas congressman Charlie Wilson's covert dealings in Afghanistan, where his efforts to assist rebels in their war with the Soviets have some unforeseen and long-reaching effects.

Co-Starring: Tom Hanks, Julia Roberts & Philip Seymour Hoffman

Rated R for strong language, nudity, sexual content and some drug use; 1 hr. 42 min.

Thursday, October 16 – Playing For Keeps (2012)

A former sports star who's fallen on hard times starts coaching his son's soccer team as a way to get his life together. His attempts to become an adult are met with challenges from the attractive soccer moms who pursue him at every turn.

Co-Starring: Gerard Butler, Jessica Biel & Dennis Quaid

Rated PG-13; 1 hr. 45 min.

Friday, October 17 – I, Frankenstein (2014)

Frankenstein's creature finds himself caught in an all-out, centuries old war between two immortal clans.

Co-Starring: Aaron Eckhart, Bill Nighy & Miranda Otto

Rated PG-13; 1 hr. 32 min.

Saturday, October 18 – At Middleton (2014)

Two parents fall in love over the course of a single day while playing hooky from their children's college tour.

Co-Starring: Andy Garcia, Vera Farmiga & Taissa Farmiga

Rated R for drug use and brief sexuality; 1 hr. 39 min.

Sunday, October 19 – Paranorman (2012)

A misunderstood boy takes on ghosts, zombies and grown-ups to save his town from a centuries-old curse.

Co-Starring: Kodi Smit-McPhee, Anna Kendrick & Christopher Mintz-Plasse

Rated PG; 1 hr. 32 min.

This Week's Opportunities Oct. 12–18

SUNDAY • OCTOBER 12

Breakfast at Verna Belle's—Omelets with Fruit

10:00 a.m. ~ Church Service, CR

1:30 to 3:30 p.m. ~ Open House, 2241 , 2250

Meadowlark Rd. & 1113 Meadowlark Circle,

2:00 p.m. ~ Movie, GC

6:00 p.m. ~ Movie, GC

7:00 p.m. ~ Vespers, Board of Deacons, CR

MONDAY • OCTOBER 13

Trash Pick-Up Day

Breakfast at Verna Belle's—Biscuits & Sausage Gravy

Dental Hygiene Clinic, Miller Spa— By Appointment Only

9:30 a.m. ~ Seated Strength, CR

10:20 a.m. ~ Weights 101, CR

11:15 a.m. ~ Sit and Be Fit, CR

11:30 a.m. ~ Meadowlark Valley Lunch, LR

12:00 p.m. ~ 1st Presbyterian Men's Luncheon, MR

12:00 p.m. ~ Beginner Tai Chi, CR

1:00 p.m. ~ Blood Pressure Clinic, GR

1:15 p.m. ~ Parkinson's Exercise Class, CR

1:30 p.m. ~ Hearing Aid Doctor, CON

1:30 p.m. ~ Ladies Pool Table Time, BP

2:15 p.m. ~ Parkinson's Voice, KSU CR

3:00 p.m. ~ MLH Singers Practice, CR

7:00 p.m. ~ Community Bingo, CR

7:00 p.m. ~ Game Time, GR

TUESDAY • OCTOBER 14

Breakfast at Verna Belle's—Breakfast Sandwich with Fruit

10:30 a.m. ~ Steady Yourself, CR

11:15 a.m. ~ Chair Yoga, CR

1:00 p.m. ~ Tai Chi, CR

3:00 p.m. ~ Coffee Corner, CR

4:00 p.m. ~ Newspaper & Bible, LR

5:30 p.m. ~ 4th Floor Supper, MR

7:00 p.m. ~ Kansas at the Crossroads; The Future of Energy and Water Resources (Osher Class), CR

7:00 p.m. ~ Dominoes, GR

WEDNESDAY • OCTOBER 15

Breakfast at Verna Belle's—Breakfast Burrito with Fruit

8:00 a.m. ~ Centering Prayer, TR

8:30 a.m. ~ Lindsborg Trip, ALE

9:00 a.m. ~ New Perspectives, MR

9:30 a.m. ~ Seated Strength, CR

10:00 a.m. ~ Wal-Mart/Dillon's Shopping Trip, ALE

10:00 a.m. ~ Memory Support Group, CON

10:00 a.m. ~ Church Service, KSU CR

10:20 a.m. ~ Weights 101, CR

11:15 a.m. ~ Sit and Be Fit, CR

12:00 p.m. ~ Beginner Tai Chi, CR

1 to 2 p.m. ~ Fitness Center Office Hour, FC

1:30 p.m. ~ Pitch, GR

12:00 p.m. ~ The War for America (Osher Class), CR

2:30 p.m. ~ General Support Group, CON

2:30 p.m. ~ Lutheran Communion, LR

3:00 p.m. ~ Call Hall Ice Cream, KR

5:30 p.m. ~ Delta Kappa Gamma, CR

7:00 p.m. ~ Woodwinds Anonymous, LR

7:00 p.m. ~ Game Time, GR

THURSDAY • OCTOBER 16

Breakfast at Verna Belle's—Biscuits & Sausage Gravy

9:00 a.m. ~ Messenger Ladies, CON

10:00 a.m. ~ Meadowlark Bible Study, MR

10:30 a.m. ~ Steady Yourself, CR

11:00 a.m. ~ Depart to HOGtoberfest, (COX BBQ), ALE

11:15 a.m. ~ Chair Yoga, CR

1:00 p.m. ~ Fancy T's & More (Host JoAnn Edwards), LR

1:00 p.m. ~ Blood Pressure Clinic, GR

1:30 p.m. ~ Depart to MAC (Arlington National

Cemetery: Its History and Its Heros), ALE

2:00 p.m. ~ Low Vision Support Group, KSU CR

3:30 p.m. ~ Dementia Caregiver Support Group, KSU CR

5:30 p.m. ~ Meadowlark Circle Supper, MR

5:45 p.m. ~ Depart to HOGtoberfest (COX BBQ), ALE

7:00 p.m. ~ Sons of the American Revolution, CON

7:00 p.m. ~ IL Bingo, CR

FRIDAY • OCTOBER 17

Breakfast at Verna Belle's—Waffle or Pancake

9:30 a.m. ~ Seated Strength, CR

10:00 a.m. ~ Veterans Group, GC

10:00 a.m. ~ Pumpkin Patch Trip, VE

10:20 a.m. ~ Weights 101, CR

11:15 a.m. ~ Sit and Be Fit, CR

12:30 p.m. ~ Mending Angel, GR

1:00 p.m. ~ Hand and Foot Card Games, GR

1:15 p.m. ~ Parkinson's Exercise Group, CR

1:30 p.m. ~ Brain Booster, GR

3:30 p.m. ~ Catholic Rosary, CR

7:00 p.m. ~ Stewart Ray Performance, CR

SATURDAY • OCTOBER 18

Breakfast at Verna Belle's—Omelets with Fruit

9:00 a.m. ~ Acrylic/Watercolor Painting for Fun, KSU CR

1:00 p.m. ~ Movie, GC

4:00 p.m. ~ Movie, GC

7:00 p.m. ~ Movie, GC

• ROOM ABBREVIATIONS •

ALE, Assisted Living Entrance

BP, Billiards Parlor

CR, Community Room

CON, Conference Room

FC, Fitness Center

GR, Game Room

GC, Grosh Cinema

KR, Kansas Room (Pub)

KSU CR, KSU Classroom

LB, Library

LR, Living Room

MR, Manhattan Room

MCR, Miller Craft Room

PS, Prairie Star Restaurant

TR, Tranquility Room

VE, Village Entrance

WS, Woodshop