



Meadowlark Hills Messenger

Meadowlark Hills Retirement Community

March 28, 2013

Celebrating 70 Years Together

Anniversary Celebration for Betty & Shorty Kahler

The Kahler family invites you to join them on Sunday, April 14, in the Community Room to celebrate Betty and Shorty's 70th anniversary. Their three daughters will present a short concert to celebrate a lifetime of songs. Due to space restrictions, there will be two concerts that guests may choose from to attend, one at 2 p.m. and the second at 3:30 p.m. Cake and punch will be served in the foyer and there will be extra seating in the Game Room.



sing duets with Shorty, which they've done for many years. Betty also found great satisfaction as the librarian in various school, city and hospital medical libraries, finding happiness in the interaction with those she helped.

Faith and family have always been at the forefront in the lives of Betty and Shorty. They were both involved in the church. Shorty directed church choirs with Betty as his lead alto.

Betty and Shorty Kahler moved to Meadowlark Hills in February 2009 and enjoy an active lifestyle which includes many social and spiritual opportunities, most of them right here at Meadowlark Hills!

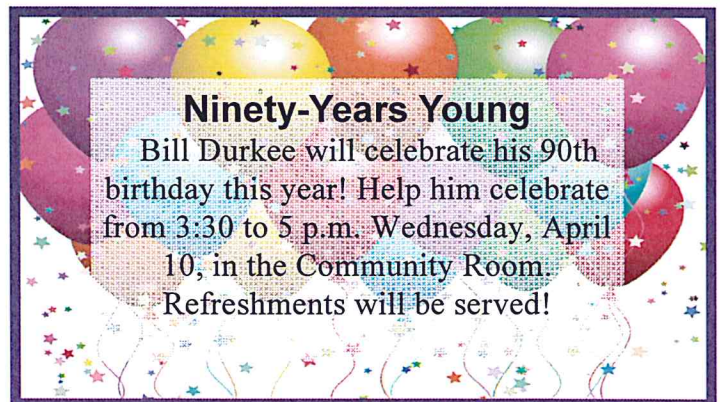
Both Betty and Shorty grew up in Rutland, SD, where they first met in elementary school. They were married in 1943 and have three grown daughters: Jane, Janet and Kit.

Shorty attended Ottawa University, and majored in music education. During his 25 years of teaching band and vocal music, he was successful in building music departments in several schools across Kansas, Nebraska and Tucson, AZ. Shorty is a self-taught professional piano tuner and technician. He has used that skill to service many churches, schools, the Kansas State University Music Department, several famous concert musicians, as well as the pianos at Meadowlark Hills. Shorty also earned his master's degree at K-State in 1973.

Betty developed her God-given ability to play the piano "by ear" since her very early years, and enjoyed sharing her talent in schools, churches, community clubs and social settings. She continues to play and

Betty's gifts include: creating a welcoming home for their family and friends, sewing for herself and their daughters, cooking and baking for the whole family. All of her gifts were continual blessings for the entire Kahler family.

Yes, Betty and Shorty have been committed to each other for over 70 years, through thick and thin, through sickness and health, and are still blessed to share their love for music and their love for each other. Boyfriend and girlfriend since first and second grades, the Kahlers are grateful to be celebrating this momentous anniversary. Please join them in celebrating on Sunday, April 14!



Thank you for your continued support of the MLH Foundation and its mission.

The Meadowlark Hills Messenger is proudly sponsored by The Trust Company.

UPCOMING EVENTS

Sales Team to Host Q & A Session

In response to the recent questions that have emerged in the *Ask Annie!* column of the Messenger, the Sales Team will be hosting an open forum for all residents to attend and have their questions answered regarding Healthcare and Transitional Care sales and rates, Adult Day Services, Independent Living rental fees and courtesy days. They will also be happy to answer other questions you have pertaining to sales at Meadowlark Hills!

The Sales Team includes: Kinzie Jo Zimmerman, Sales Leader; Becky Fitzgerald, Sales Specialist; and Jackie Rose, Community Outreach Coordinator. The Sales Team are supported by Sarah Guge, Marketing Director.

If you are interested in hearing about census updates or having your sales questions answered, join the Sales Team at 2 p.m. Wednesday, April 10, in the KSU Classroom.

Rasmussen 8-ball Tournament

The semi-annual Rasmussen 8-ball Tournament will commence in April. If you are interested, a sign-up sheet may be found in the Billiards Parlor. Tournament play will begin Monday, April 15, and conclude Tuesday, April 30. If you have any questions, contact Tracy Musselman at 323-3878.

League of Women Voters Lecture

Listen to Judge David Stutzman speak about the judicial sentencing in Kansas. Enjoy coffee and donuts at 9:30 a.m. Saturday, April 6, in the Community Room with the speaker to follow at 10 a.m.

This event is not sponsored by Meadowlark Hills.

MLH Reading Recital

Join Charlie Kempthorne's writing class, LifeStory, at 7 p.m. Friday, March 29, in the Community Room. Participants will recite stories they have been working on this session. Refreshments will be served!

Good Friday Communion Service

Rev. Cam McConnell, from the First Presbyterian Church, will be holding a communion service at 4 p.m. Friday, March 29, in the Community Room.

ASK ANNIE!

Q: How is the CEO Search Committee doing with finding a new CEO and where are we at in the process?

by Annie Peace

After a nation-wide search that yielded 28 resumes, the committee narrowed the field down to five candidates. The candidates were invited to campus for a tour and were interviewed by the CEO Search Committee.

There are now three candidates that have been invited back for a second interview. They are Lonnie Baker, Matt Loyd and Valerie McGhee. Most of you may already know Lonnie; he is the current Chief Operating Officer at Meadowlark Hills. Matt Loyd is currently working in Tulsa as a Vice President of Health and Wellness and previously was part of the leadership team here. Valerie McGhee has most recently been the Executive Director in Illinois and prior to that was a Chief Executive Officer for a retirement community in Wichita.

Residents, staff and board members will have the opportunity to meet with each candidate during their visit back to campus. Town Hall style meetings for residents to attend are set for the following dates and times:

- Monday, April 1, 10:30 to noon
with Matt Loyd, Community Room
- Friday, April 5, 10:30 to noon
with Lonnie Baker, Community Room
- Tuesday, April 9, 10:30 to noon
with Valerie McGhee, Community Room

Please submit any questions by Friday, March 29, to the drop box at the Hospitality Desk. Questions will be consolidated to fit the timeframe and will be asked by the meeting moderator, Annie Peace.

I look forward to receiving your questions, and I appreciate your interest and involvement in this process.

WITH THANKS

by John Mann

I would like to extend my sincere gratitude to all who helped make my birthday celebration such a spectacular event.

ANNOUNCEMENTS & UPCOMING EVENTS

The History of Art Lecture Series

Jay Nelson will lecture over a series of art history. He will begin the series at 7 p.m. Wednesday, April 10, in the Community Room and will continue with two more sessions on Wednesday, May 8, and June 12. This is a great opportunity to experience art, so sign up in the Blue Book located at the Hospitality Desk.

Easter brunch

Celebrate your Easter Sunday with a feast! Prairie Star Restaurant is hosting an all-you-can-eat buffet brunch on Sunday, March 31, in the Community Room. There will be two seating times, one at 11 a.m. and another at 1 p.m. Reserve your spot by signing up in the Blue Book, located at the Hospitality Desk.

The menu is so extensive, there will be something for everyone! Appetizers include a variety of salads, fruit and vegetable trays, deviled eggs and Jell-O molds. Entrees include a made-to-order omelet bar, baked ham, prime rib, pork tenderloin with cherry balsamic sauce, beef stroganoff with buttered noodles, crab and wild mushroom quiche, fried chicken, macaroni and cheese and many sides to choose from. Top it off with a goodie or two from the dessert table, which includes strawberry pie, lemon meringue pie, carrot cake, chocolate mousse pie, tiramisu and much, much more!

Weekend Greeter Volunteers

The Hospitality Desk is looking for volunteers to staff the front desk over the weekends. Volunteers will have training prior to their shift. Openings include the fifth Sunday (when applicable) from noon to 2 p.m. and 2 p.m. to 4 p.m.

Tips and Techniques

The painting group, Tips and Techniques, will now meet weekly. Join the water color painting class at 9:30 a.m. Saturday, March 30, in the Community Room. Sign up in the Blue Book if interested!

Easter Egg Hunt

Little ones of staff and residents are welcome to attend the Easter Egg Hunt from 2 to 3:30 p.m. Saturday, March 30, in the Sloan and Honstead Courtyard at 2 p.m. and in the Tinklin Courtyard at 2:15 p.m. Cookies and punch will be served in the Tinklin Courtyard following the event.

Percussion performance

The Kansas State University undergraduate percussion majors will perform at Meadowlark Hills at 7 p.m. Friday, April 5, in the Community Room. The music majors offer a wide variety of percussion music including classical solos, jazz and steel drum.

Storm warning systems

There has been some concern in regard to the inability to hear the tornado sirens. Riley County has a weather alert system that will call, text or email enrollees in the event there is severe weather in their area. If you would like to receive these alerts, please stop by the Hospitality Desk and pick up a "Weather Alerts Enrollment for Riley County" form. Return this form to the Hospitality Desk upon completion. County officials would also like you to be aware that the county is divided into three sections. We will only be alerted if there is a tornado in our area of Riley County, despite the fact the whole county may be under a warning. Contact Ashley Green at 323-3800, for questions or concerns.

Manhatter's Red Hat Luncheon

Spring is in the air and the Red Hat Ladies are going out for lunch on Thursday, April 11! Hostesses, Pat Edwards and Polly Ferrell, have selected JP's at Jardine Terrace as our destination. We will leave from the Village Entrance at 11:30 a.m. and return by 2 p.m. The menu includes chicken cobb salad with a signature soft pretzel roll and a dessert of crème Brule with tuile and raspberries. We will be dining in JP's Table Room, featuring an eclectic mix of dining tables and chairs, many with a K-State and Manhattan history. Our after-lunch treat will be an elevator ride to the top of the Jardine Complex Tower which offers us a panoramic view of the K-State campus. When you sign up in the Blue Book, your seat is reserved on the bus and at the table. The total cost of \$13.86 covers transportation and the meal and will be added to your monthly bill.

Resident Focus Group

Join Lonnie Baker and Amanda Rall for a Resident Focus Group at 10:30 a.m. Thursday, April 11, in the West Conference Room. Sign up in the Blue Book located at the Hospitality Desk.

April BIRTHDAYS

Residents

Health Care



4/2	Dean Hoffman
4/2	Betsy Sager
4/3	Carol DeGraff
4/5	Minnie Oppenlander
4/6	Irene Scruggs
4/8	Vernon Larson
4/9	David Chastan
4/9	Monty Walker
4/9	Hilda Zerfas
4/15	Melvin Short
4/17	Robert Ripley
4/21	Dolores Godwin
4/23	Leora Webber
4/27	Joan McNeil

***Bold denotes milestone
birthday of 80, 90, 100 or 100+***

Employees

4/2	Hilary Hollinger
4/3	Eldean Ebeling
4/3	Kilynn Kasten
4/4	Angela Beamon
4/4	Jessica Parker
4/7	Billie Baird
4/8	Delores Renner
4/8	Kim Fronce
4/9	Mark Morton
4/10	Greg Brown
4/11	Robert Speer
4/11	Jackie Rose
4/12	Elizabeth Shirley
4/13	Michael Bribiesca
4/13	Jason Meeker

Independent Living

4/3	Mildred Dunn
4/4	Frances Siegel
4/9	Florence Schwab
4/9	Cam Beatty
4/12	Bill Durkee
4/16	Vivian Olsen
4/17	Jeanne Lundin
4/22	Wilma Hafenstein
4/22	Dorothy Tompkins
4/24	Shorty Kahler
4/25	Diane Dollar
4/27	Shirley Sanders
4/30	Gavona Hardin

Assisted Living

4/9	Robert Gilliford
4/22	LaVonne Greene
4/26	Marie Pettie

4/14	Rita Harsch
4/14	Karen Evinger-Irvine
4/14	Kristen Everett
4/15	Vicki Williams
4/17	Allison Tuxhorn
4/17	Kayla Dahlke
4/18	April Journagan
4/18	Sarah Rowley
4/19	Kelli Cockrell
4/23	Aubrea Burns
4/24	Cassia Russell
4/24	Troy Koenig
4/24	Betsy Woodard
4/25	Delores Worthington
4/26	Lee Rucker
4/26	Isolde Mauga
4/28	Marina Pecar-Krstic
4/30	Janice Zerwig
4/30	Adriana Lomartire-Lynch

Grosh Cinema Movies

Monday, April 1 - Sunday, April 7

Show Times: 1, 4 and 7 p.m., Monday – Friday
1 and 4 p.m. Saturday; 2 p.m., Sunday

Monday, April 1 – Belle of the Yukon (1944)

Set during the gold rush, this rousing frontier adventure follows a con man on the lam who's determined to make a go of it as a dancehall owner in the Yukon. But a clean break proves difficult when the swindler's former sweetheart follows him north.

Co-starring: Randolph Scott & Gypsy Rose Lee

Rated NR; 1 hr. 24 min.

Tuesday, April 2 – My Best Friend's Wedding (1997) **Resident Request*

When she receives word that her longtime platonic pal Michael O'Neal is getting married to debutante Kimberly Wallace, food critic Julianne Potter realizes her true feelings for Michael -- and sets out to sabotage the wedding.

Starring: Julia Roberts

Rated PG-13; 1 hr. 44 min.

Wednesday, April 3 – The Searchers (1956)

After his entire family is viciously wiped out, hardened war veteran Ethan Edwards embarks on a long journey to find his only surviving niece, Debbie, who has been captured by hostile Comanche Indians.

Co-starring: John Wayne & Natalie Wood

Rated NR; 1 hr. 59 min.

Thursday, April 4 – Waitress (2007)

Keri Russell stars as Jenna, a waitress whose fabulous pies are about the only sweet ingredient in an otherwise dreary existence. That is, until an unwanted pregnancy breeds unexpected romance between Jenna and an attractive doctor.

Co-starring: Kerri Russell & Nathan Fillian

Rated PG-13; 1 hr. 44 min.

Friday, April 5 – Flight (2012) **Resident Request*

Rated R for drug and alcohol abuse, language, sexuality/nudity & intense action sequence.

After his amazing safe landing of a damaged passenger plane, an airline pilot is praised for the feat, but has private questions about what happened. Further, the government's inquiry into the causes soon puts the new hero's reputation at risk.

Co-starring: Denzel Washington, Don Cheadle & John Goodman

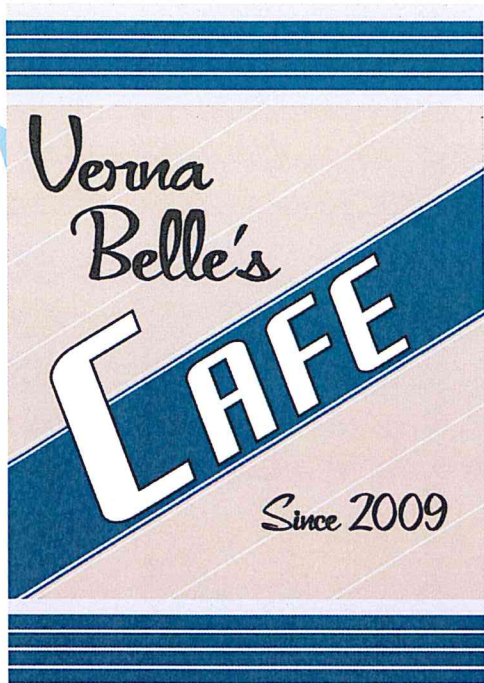
Rated R; 2 hrs. 18 min.

Saturday and Sunday, April 6 & 7 – My Girl (1991)

This coming-of-age tearjerker follows a momentous summer in the life of 11-year-old Vada Sultenfuss, who learns powerful lessons about love and loss as she grapples with profound changes -- including a new woman in her widowed father's life.

Co-starring: Dan Aykroyd, Jamie Lee Curtis & Macaulay Culkin

Rated PG-13; 1 hr. 42 min.



Hours:
8 a.m. to 5 p.m.
Monday - Friday
8 a.m. to 1 p.m.
Saturday

April Lunch Specials

(785) 323-3818

April 1 – Hot Turkey Sand. with Mashed Potatoes & Gravy	\$5.50
April 3 – Tater Tot Casserole with Mixed Vegetables	\$5.50
April 5 – Three Meat Flatbread Pizza	\$3.75/\$5.50
April 8 – Mexican Chicken Wrapini with Soup OR Chips	\$3.75/ \$5.50
April 10 – Sloppy Joes with Cole Slaw	\$5.50
April 12 – White Chicken Chili with Cornbread Muffin	\$3.75/ \$5.50
April 15 – Three Cheese Grilled Sand. with Tomato soup	\$3.75/ \$5.50
April 17 – Meatloaf Sandwich with Mashed Potatoes & Gravy	\$5.50
April 19 – Bierock with Corn	\$5.50
April 22 – Tuna Melt with Cottage Cheese & Fruit	\$3.75/ \$5.50
April 24 – Lasagna with Small Caesar Salad	\$5.50
April 26 – Cheese Quesadilla	\$3.00
Chicken Quesadilla	\$4.00
Steak Quesadilla	\$5.00
April 29th – Turkey, Bacon Club Wrap with Soup OR Chips	\$3.75/ \$5.50

PRAIRIE★STAR

RESTAURANT

March 31-April 6

Includes beverage, starter and dessert.

SUNDAY	March 31 ~ Lunch \$16	Dinner \$10
	Easter Brunch <i>Sign up in the Blue Book</i>	Ham & Beans Cornbread Vegetable of the Day
MONDAY	April 1 ~ Lunch \$10	Dinner \$11
	Bacon Cheddar Chicken Fried Sandwich Waffle Fries Choice of Vegetable	Chicken Milanese Rice Pilaf Vegetable of the Day
TUESDAY	April 2 ~ Lunch \$6	Dinner \$11
	Taco Tuesday (does not include drink, salad or dessert)	Pot Roast Roasted Potatoes Vegetable of the Day
WED.	April 3 ~ Lunch \$11	Dinner \$11
	Buffalo Burgers Steak Fries Choice of Vegetable	Ham Loaf Au Gratin Potatoes Vegetable of the Day
THURSDAY	April 4 ~ Lunch \$6	Dinner \$11
	Chili Dog Bar (does not include drink, salad or dessert)	Shrimp & Crab Fettuccini Garlic Toast Vegetable of the Day
FRIDAY	April 5 ~ Lunch \$10	Dinner \$12
	Ham Salad Sandwiches Tater Tots Choice of Vegetable	Stuffed Pork Tenderloin with Andouille dressing & Gravy Vegetable of the Day
SATURDAY	April 6 ~ Lunch \$10	Dinner \$15
	Chicken Taquitos Black Beans Spanish Rice	Stuffed Orange Roughy with Shrimp & Crab Lemon Couscous Vegetable of the Day

*You may substitute an extra vegetable for the starch on any special for no additional charge.

This Week's Opportunities March 31– April 6

SUNDAY • MARCH 31

11:00 a.m. ~ Easter Brunch, Community Center
1:00 p.m. ~ Easter Brunch, Community Center
2:00 p.m. ~ Movie, GC
7:00 p.m. ~ Vespers– 1st Presbyterian Church with
Rev. Cam McConnell & Rev. Zac Morton, CR

MONDAY • APRIL 1

Trash pick-up day.

8:00 a.m. ~ Dental Hygiene Clinic, 201
By Appointment Only
9:30 a.m. ~ Town Meeting, CR
10:30 a.m. ~ Community Meeting- CEO Candidate, CR
1:00 p.m. ~ Blood Pressure Clinic, GR
1 to 2 p.m. ~ Fitness Center Office Hour, FC
1:15 p.m. ~ Parkinson's Exercise Group, CR
1:30 p.m. ~ Ladies Pool Table Time, BP
3:00 p.m. ~ Meadowlark Hills Singers, CR
5:30 a.m. ~ Tuttlecreek Supper, MR
7:00 p.m. ~ Game Time, GR

TUESDAY • APRIL 2

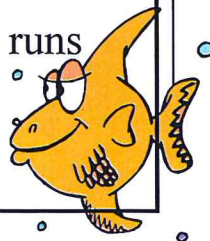
7:30 a.m. ~ 1st Pres. Men's Bible Study, MR
10:30 a.m. ~ Steady Yourself, CR
11:15 a.m. ~ Chair Yoga, CR
12:00 p.m. ~ Kimball Luncheon, MR
1:00 p.m. ~ Tai-Chi, CR
2:00 p.m. ~ Life Story, MR
3:00 p.m. ~ Coffee Corner, CR
4:00 p.m. ~ Newspaper & Bible, LR
7:00 p.m. ~ Dominoes, GR

WEDNESDAY • APRIL 3

8:00 a.m. ~ Centering Prayer, TR
9:00 a.m. ~ New Perspectives, LR
9:30 a.m. ~ Seated Strength, CR
10:00 a.m. ~ Memory Support Group, CON
10:20 a.m. ~ Weights 101, CR
11:15 a.m. ~ Sit & Be Fit, CR
11:30 a.m. ~ 1st Men's Club, MR
1:30 p.m. ~ Pitch, GR
1 to 2 p.m. ~ Fitness Center Office Hour, FC
3 p.m. ~ Call Hall Ice Cream, KR
7:00 p.m. ~ Game Time, GR

Joke of the Week

What does a fish say when he runs
into a brick wall?
“Dam.”



THURSDAY • APRIL 4

10:00 a.m. ~ Meadowlark Bible Study, LR
10:30 a.m. ~ Steady Yourself, CR
11:15 a.m. ~ Chair Yoga, CR
1:00 p.m. ~ Tai-Chi, CR
1:00 p.m. ~ Parkinson's Voice Class, KSU CR
1:00 p.m. ~ Blood Pressure Clinic, GR
2:00 p.m. ~ Parkinson's Support Group, CR
3:30 p.m. ~ Dementia Support Group, CON
5:30 p.m. ~ Meadowlark Circle Supper, MR
7:00 p.m. ~ Bingo, CR

FRIDAY • APRIL 5

9:30 a.m. ~ Art Committee, LR
10:30 a.m. ~ Community Meeting- CEO Candidate, CR
12:30 p.m. ~ Mending Angel, GR
1:00 p.m. ~ Hand and Foot Card Games, GR
1:15 p.m. ~ Parkinson's Exercise Group, CR
3:30 p.m. ~ Catholic Mass, CR
7:00 p.m. ~ KSU Percussion Performance, CR

SATURDAY • APRIL 6

9:30 a.m. ~ Water Color Painting Art Class, KSU CR
9:30 a.m. ~ League of Women Voters Lecture, CR
11:30 a.m. ~ Pottery Class Meal, MR
1:00 p.m. ~ Movie, GC
4:00 p.m. ~ Movie, GC

• ROOM ABBREVIATIONS •

201, Apartment 201
BP, Billiards Parlor
CR, Community Room
CON, Conference Room
FC, Fitness Center
GR, Game Room
GC, Grosh Cinema
KR, Kansas Room (Pub)
KSU CR, KSU Classroom

LB, Library
LR, Living Room
MR, Manhattan Room
MCR, Miller Craft Room
PS, Prairie Star Restaurant
TR, Tranquility Room
VE, Village Entrance
WS, Woodshop

DRINK SPECIAL



April 1 – 6

Melon Ball

1 oz. Melon Liqueur
1 oz. Vodka
3 oz. Pineapple Juice
\$3.75