

**Meadowlark
Hills**

THE WHISTLER

December
Edition

BIRTHDAYS:

12/1	Liz Birk
12/1	Leah Browne
12/2	Kalina Arpke
12/2	Kirsten Sooter
12/3	Ashley Wetklow
12/4	Ebonie Christion
12/5	Stephanie Leisner
12/5	Emily Boatman
12/6	Lana Ryland-Smith
12/6	Crystal Smith
12/9	Ed Payne
12/10	Tisha Haffener
12/10	Whitney Krause
12/10	Abigail Sprague
12/11	Tracy Musselman
12/11	Fernando Restrepo
12/11	Tiarra Johnson
12/12	Joel Gotchey
12/12	Katie Sol
12/13	Rebecca Roeder
12/14	Kate Wright
12/16	Stephen Hillbrant
12/19	Jennie Brown
12/20	Ashley Baker
12/20	Nicole Noetzel
12/20	Travis Kummer
12/23	Mallorie McLaughlin
12/25	Brenda Emory
12/28	Tiara Boyle
12/28	Ryan Montgomery
12/30	Joyce Ten Eyck
12/30	Darcie Miller

HAPPY HOLIDAYS

The best way to spread holiday cheer is bringing food for all to share!!

Employees are invited to bring their favorite holiday hors d'oeuvres, snacks, cookies and treats to the Employee Holiday Table on Monday, Dec. 23, from 10 a.m. to 5 p.m. All employees are welcome to grab a plate and hang out in the KSU Classroom regardless of whether they are scheduled to work during this time or not. Hors d'oeuvres, snacks and holiday beverages (non-alcoholic) will be served in the West Conference Room, while cookies and desserts will be served in the KSU Classroom. There will be two waves of food this year with the first wave starting at 10 a.m. and the second wave starting at 2 p.m. so be sure to check it out twice! Employees working third shift will have a special meal brought to them later in the evening time.

Employees are encouraged to sign up the dish they will be bringing and time slot in which they will bring it. These sign ups can be found in the Human Resources Office or in the Employee Break Rooms. Dishes can be dropped off at the beginning of the time slot chosen and picked up at the end of that time slot.

For any questions please contact the Human Resources Team at 323.3893 or 323.3898.



JEANS DAY

For the month of December, the money raised for Jeans Day will go towards the family that Meadowlark Hills has sponsored for Christmas through the Junior League of the Flint Hills.

Jeans Days are Tuesday, Dec. 3 and Wednesday, Dec. 11.

Mom and Dad: Jennifer and Luis

Gift ideas: electric blankets, blender, pots and pans, baking sheets, cake pans, K-State Blanket

Child #1: Denise, 14 years old, Favorite Color: zebra/purple, Shirt Size: XL-XXL, Pant Size: 18 Women, Shoe Size: 8.5 Women

Immediate Needs: Heavy sweater, hat, gloves, scarf

Gift Ideas: Make up, hair supplies (brushes, bows, hair ties, curling iron, etc), Books (Pretty Little Liars, Teen Girl Books), K-State bedding (twin), no-show socks, knee high boots (brown or black), PJ pants, spandex pants

Child #2: Sergio, 12 years old, Favorite color: Crimson, Shirt Size: XL, Pant Size:

Waist 34/36 (shortest length inseam, about 29"), Shoe Size: 8 Men

Immediate Needs: Heavy sweater, socks

Gift Needs: football with kicking tee, X-Box 360 games (football, sports, no violent games), bed set (twin), anything Oklahoma University (OU), Lego sets (not Star Wars), Coat, MP3 player, portable DVD player, DVD's (G and PG)

Child #3: Gaby, 9 years old, Favorite color: Red, Shirt Size: Girls M (8/10), Pant Size: 8 or 9 slim, Shoe Size: 3 children

Immediate Needs: Winter Coat

Gift Ideas: Art supplies (markers, drawing books, etc), hair supplies (headbands, bows, etc), Hispanic dolls, Life Size Dolls, socks, Monster High bed set (twin), anything basketball (NOT K-State), Legos for girls, video camera

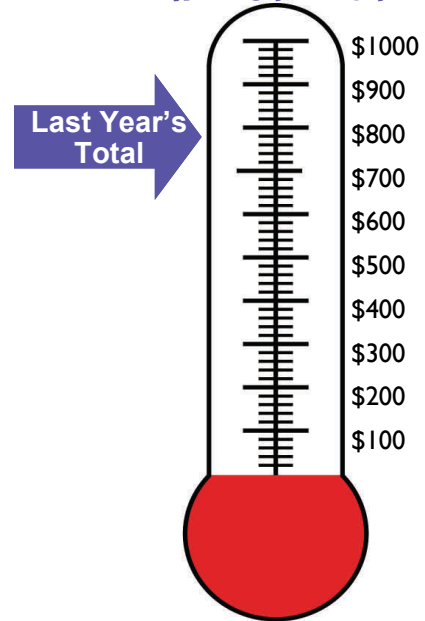
Child #4: Zavier, 7 years old, Favorite color: Green, Shirt Size: Boys Small (7/8),

Pant Size: 7 or 8, Shoe Size: 12 to 13 kids

Immediate Needs: Coat, socks, sweater

Gift Ideas: Books (easy read books- Buzz Lightyear, Monsters Inc), Power Rangers, Ninja Turtles, Lego Sets, Bed Set (Twin), X-Box 360 games (age friendly), board games

This Year's Goal



LETTER FROM LONNIE

Submitted by Lonnie Baker, CEO

Each year, long-term care facilities around the country are subject to the annual survey process. The survey process involves on-site evaluations - always unannounced - of the care and services provided to residents in accordance with regulatory requirements.

Our Healthcare (long-term care) and Assisted Living areas at Meadowlark Hills were surveyed in mid-November. This year's survey turned out exceptionally well. It resulted in a zero-deficiency survey for Assisted Living and a one-deficiency survey in Healthcare. These are the best survey results in over a decade!

There are several factors that go into a great survey. One being that our staff at Meadowlark Hills provide high-quality care every day to the residents who live here. The Household Coordinators and Clinical Coordinators for each area do an outstanding job carrying out our mission and caring for residents and families.

There are two positions we have worked to stabilize over the past year that are key for success in the survey process. Our Director of Nursing Services, Alana Johnston, and Health Services Leader (Administrator), Garrett Lee, have proven to be great servant leaders to the household staff members. I would like to recognize their strong leadership and support that they provided to the teams through the survey process.

I am incredibly pleased with this year's survey results. The compliments Meadowlark Hills and our staff members have received from residents and family members were simply confirmed by the state results. I appreciate the opportunity to serve both staff and residents at Meadowlark Hills.

DECEMBER 2013

ANNIVERSARIES:

Rita Harsch	12/3	1 year
Alex Ondracek	12/12	1 year
Karl Zerfas	12/18	1 year
Rebecca Roeder	12/19	1 year
Debra Dinger	12/27	1 year
Lisa Allen	12/28	1 year
Ginger Ruhnke	12/28	1 year
Taylor Good	12/31	1 year
McKenzie Reith	12/7	2 years
Alyssa Chabrier	12/21	4 years
Lee Rucker	12/2	5 years
Kimm Burton	12/11	5 years

DECEMBER
LEADER OF THE
PACKMICHAEL BRIBRESCA,
MAINTENANCE TECHNICIAN

Michael joined the Meadowlark Hills team in 2011. He is on the Maintenance team as a technician. Michael was nominated for December's Leader of the Pack by residents who admired his positive attitude, helpfulness and overall pleasant demeanor!

WELCOME NEW
HIRES

Thatcher Damman	11/4
Mercedes Shultz	11/4
Patty Brown-Barnett	11/6
Bailey Buer	11/6
Abigail Sprague	11/6
Vondra Brown	11/8
Katie Carlsen	11/8
Alexes Dinkel	11/11
Jeanette Wagner	11/11
Megan Fryberger	11/14
Sheri Hybarger	11/14
Rebecca Anderson	11/18
Sydnee Stegman	11/18
April Tesch	11/18
Beverly Hunter	11/19
Harriet Nash	11/19
Signe Showalter	11/19



Ingredients

- 1 pan of your favorite brownies, cooled and cut into desired size and shape (preferably a round cutter)
- 12-16 small strawberries, cleaned and hulled
- vanilla-mascarpone buttercream (recipe below)

Vanilla-Mascarpone

- Buttercream
- 1/2 cup (1 stick) unsalted butter, room temperature
- 8 ounces mascarpone cheese, room temperature
- 2-1/2 to 3 cups powdered sugar
- 2 teaspoons vanilla extract
- pinch of salt

SANTA HAT BROWNIES

Directions

Using a stand mixer with a paddle attachment, beat butter and mascarpone cheese until light and creamy, about 2 minutes. Add vanilla extract and salt. Add 2-1/2 cups of sugar, half a cup at a time and continue beating until smooth. Add more sugar, if needed to reach desired consistency and sweetness.

To assemble, pipe a ring of vanilla buttercream on top of each brownie. Cut off the base of a strawberry so it is flat and place it upside down on each brownie, pushing slightly to secure in place. Top the tip of the strawberry with a dot of buttercream to finish the santa hat.



PUZZLE PAGE

Return your completed puzzle page to Amanda Rall for your chance to win a gift card at the end of the month!
 Congratulations to Victoreya McCuin, last month's winner – e-mail amanda.rall@meadowlark.org or stop by to claim your prize!

WORD SEARCH



boots	cold	frost	winter	jacket
mittens	scarf	skating	skis	sled
snow	snowball	icy	snowman	windy

CRYPTOQUIT

FQGT Q FPDDK

NPDDK

HFZWAUJQA!

Cryptoquip Clues:

F equals H

D equals L

H equals C

Q equals A

SUDOKU

1			3	7	6			4
7								5
6		8	4	5	1	3		9
			7	6	9			
		3		2		8		
			1	3	8			
4		1	6	8	7	5		2
3								6
5			9	1	3			8

JOKE OF THE MONTH

Q: What is a snowman's favorite breakfast?

A: Frosted Flakes!